

A Journey Without a Name

Posted by unanumun - 01 Apr 2014 07:34

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here goes. after spending all day on the site, i downloaded k9 filter for my laptop. (my office has a filter and my phone has the browser blocked and my wife has the code)

i now signed up for the 90 days. I hope it is not too soon, but I think i can do it. i think that all the support everyone gets and gives around here might be enough.

i have nothing to lose i guess (I really want this to work) and I am feeling very optimistic. and having all my new friends know what is going on with me will probably be great for me.

Does anybody think I am making a mistake and going too fast?

Can there be a downside?

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Re: first try

Posted by unanumun - 28 Jul 2014 03:39

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You know what I realised? My mind is telling me that I miss being able to spend that quality time with my wife at the end of a long hard day.

Shtusim. It is just a way for me to be tricked into looking for my old outlet after as hard of a day as i had today. I am feeling frustrated, a bit depressed, a bit out of control, a bit worthless, and a bit unproductive. (And I might have missed some bits - basically, I am in bits and pieces.)

But really, how many times has my wife been able to help me through those tough nights? Even when she was muttar how often can I wake her up two in the morning and say hey honey what a crappy day. How would you like to cheer me up.

So basically it is my mind (cordonoy, I am purposely not saying yetzer hara) just trying to trick me into despair.

Nu uh.. Not gonna fall for it.

Just going to express myself in a post and start again from scratch tomorrow.

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Re: first try

Posted by shomer bro - 28 Jul 2014 06:11

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great attitude! it's all about working on the present nisayon and not getting bogged down by the past. because "tomorrow is a brand new day."

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Re: first try

Posted by shivisi - 28 Jul 2014 10:29

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[shomer bro wrote:](#)

great attitude! it's all about working on the present nisayon and not getting bogged down by the past. because "tomorrow is a brand new day."

**TODAY** is a Brand new day!!

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Re: first try

Posted by Pidaini - 28 Jul 2014 16:48

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Hey!!

Thanks for the updates!!

KUTGW!!! (reaching out (not to your wife), posting, surrendering...)

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Re: first try

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Posted by unanumun - 28 Jul 2014 17:08

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Thanks for the reminder. I guess if I would have surrendered the thing that made me crazy (nothing to do with GYE stuff) yesterday I guess I would have held up better thorough the rest of the day.

It really was one of things that cause me to realize that things aren't going to go the way I thought and I am going to have to put alot more time and effort into something than I thought I would. And all because of some jerk. SO yes, had I surrendered right away to Hashem and said "Hashem, you are in control and I will do as You want." it wouldn't have killed the rest of my day.

(and I just went back to change all the "you" to "I" as per [this post](#))

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Re: first try

Posted by dd - 28 Jul 2014 18:03

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Unanumun your doing great!!!!

thanks for keeping us posted,

its a real chizuk to see others dealing with life the way they should,

i too am very stressed out today and the past few days, but seeing other chevrah dealing with it in the right way is a great motivation,

thank again and KUTGW!!!

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Re: first try

Posted by dms1234 - 28 Jul 2014 18:25

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Good work umanamamnanan!!!!!!

Keep it up,

Dms1234556789

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Re: first try

Posted by cordnoy - 28 Jul 2014 20:47

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DMS987654321123456789

I see you are likin' my shinuy hashem....I didn't do it with a mi shebeirach though.

b'hatzlachah

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Re: first try

Posted by unanumun - 29 Jul 2014 21:01

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Gee. Life has its ups and downs.

One day you feel like you are on the top of the world and a few days later everything falls apart.

Just saying.

(nothing to do with anything that has to do with something here but just felt like saying it to the

world and it is cheaper to post here than to hire a skyliner to write it across the sky.- there i feel better already)

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Re: first try

Posted by ZemirosShabbos - 29 Jul 2014 21:52

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when the going gets tough, there is always

**Warning: Spoiler!**

**Warning: Spoiler!**

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Re: first try  
Posted by unanumun - 29 Jul 2014 21:55

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Re: first try  
Posted by lavi - 30 Jul 2014 01:12

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i hope things pick up for you.

a sach hatzlucha

~~Yeah that's the problem~~=====

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Re: first try  
Posted by unanumun - 01 Aug 2014 15:34

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I was inspired (Or maybe intrigued) to read through this entire thread from beginning to end, by someone I had an email exchange with last night.

Wow. My eyes watered at some parts of it. It's been some hell of a ride.

It's great to go back and remember all the steps of the way, and remember all the emotions that i was able to put into words.

It has given me a big chizzuk to read through it again.

some things still ring true, while some things feel like such a long time ago and I have moved on past them.

I see that when I reached 90 days, I said my goal would be to get past after birth tekufa. Baruch Hashem it seems we are on the home stretch now.

Of course the old nisyonos will come back , tired wife, baby crying at the most inopportune times, and stuff. I will ~~hope~~ <sup>hopefully</sup> take them one day at a time.

Oh, and by the way, I am pulling myself back together after being emotionally out of control. thanks to all that helped me through that one.

It is amazing to have a group of guys whose entire connection to me is to help me with hard times, to give me the opportunity to express things that I wouldn't be able do to with non anonymous friends. You have all become a real part of my life, and couldn't imagine being able to get here without you. (actually I didn't get here without you )

a gutten shabbos to all.

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Re: first try

Posted by cordnoy - 01 Aug 2014 16:33

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And you are a part of ours; so keep it up!

b'hatzlachah

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