

Please no more

Posted by pleasenomore - 16 Sep 2013 20:49

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Hi everyone. I'm no stranger to the GYE website. I was a lurker on the old site and here I am back because as much as I don't want to admit it I think I do need help.

I didn't think writing my first post would be this daunting but actually writing it out and admitting it "out loud" is harder than I thought.

So I'm married in my mid 30's with children B"H. I've had this struggle as far back as I can remember. I discovered masturbation at a very young age before I even knew it was wrong and it continued throughout my teenage years. I was fighting then as I am now with little success. I got married and like everyone thought things would change but they didn't.

I'm getting so tired of this cycle. How long can a person keep trying and failing? Sometimes I just want to admit defeat and just not be bothered with this struggle but I know its not the way to go.

I've been clean since 2 days before Y"K and I hope it will last...

It was the dawn of the internet and there was so much shmutz available. Filters were not even a thought at the time. Its been a constant struggle ever since.

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