

"Guard Your Lies"?

Posted by Dov - 01 Aug 2013 15:35

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Hi. I never started a thread before...did I? Anyhow, this is from my latest adventures with scared, hurting, newbies. Guys I can relate to so deeply, who are actually ready to call on the phone and talk with a person and use their real first names, for a change.

Hey, nothing changes as long as everything stays the same, right? What's *comfy* is certainly not the best guide for us. In fact, for me, whatever is the **opposite** of 'emotionally comfy' is a far better guide! Funny how that works.

Spoke with **five** new frummies in the past three days. Broken guys. Good men. Each broken enough to actually pick up a phone and use their real first name and real voice - a real chidush for them! - to get better. Pouring out their hearts - and I get the privilege to pour out mine with them. Guys who are frum, and yet steal away hours and a lifetime to look at our sweet porn and have sex with themselves (masturbate) as all of us here do, when we live in our problem.

Daven for them and us, please.

"How to get out?," they ask. Well, actually, few ask that. Most are pretty sure they know exactly how to 'quit'...they are convinced that their only *real* problem is ***staying out of it forever***.

So most of us talk religion, talk self-control, talk gimmicks or escaping with a 'filter'. Escape from ourselves? We say we are *Guarding Our Eyes*...but are we really just *Guarding Our **Lies***?

Anybody else want to elaborate on some of the safety lies we tell to ourselves, to our spouses and to the good and frum people around us? A newbie on GYE just posted the revelation that the reason his wife was about to leave him and dissolve their family was not because of '*kedusha*' issues - but because **he lies to her**. Finally, someone who sees it like it is...

I like staying sober today, so here goes:

One whopper I tell myself is that my wife ***must*** see me being good, to love me. So I am motivated to fake and hide whatever questionable thing I may be doing right now from her. It risks me getting 'bad press' w/her!

That's a lie. We have learned that when I do right by me, my wife sees that, my kids see that, everyone relevant sees that. And things fall into place.

So I commit to doing the next right thing...and that is getting dressed now and going to shacharis.

Adios amigos!

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Re:  
Posted by Dov - 05 Aug 2013 05:49

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It's really annoying - does it appear to you the same way it does to me, anyone?

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Re:  
Posted by cordnoy - 05 Aug 2013 05:52

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yes; it appears the same to me as it does to you

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Re:  
Posted by MendelZ - 05 Aug 2013 06:01

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Re:"Guard Your Lies"?

Posted by Pidaini - 05 Aug 2013 11:54

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is that better?

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Re:

Posted by Dov - 05 Aug 2013 14:58

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Yes! U r a genius (or something)!

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Re: Guard Your Lies!?

Posted by Lizhensk - 05 Aug 2013 15:17

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[Dov wrote:](#)

Yes! U r a genius (or something)!

LOL, it still didnt work on ur post dov

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Re: Guard Your Lies!?

Posted by Lizhensk - 05 Aug 2013 15:18

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[Dov wrote:](#)

Yes! U r a genius (or something)!

LOL, it still didnt work on ur post dov

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Re: Guard Your Lies!?

Posted by cordnoy - 05 Aug 2013 16:03

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it is fixed here

Pidaini...great stuff...whats your secret?

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Re: Post titles

Posted by Gevura Shebyesod - 05 Aug 2013 16:07

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Anyone can edit the title of a post that they are making. And when you click "Reply" your post inherits the title of the post you are replying to, but you can then go ahead and change it.

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Re: Guard Your Lies!?

Posted by Lizhensk - 05 Aug 2013 16:20

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[Gevura Shebyesod wrote:](#)

Anyone can edit the title of a post that they are making. And when you click "Reply" your post inherits the title of the post you are replying to, but you can then go ahead and change it.

NOBODY POST A REPLY TO GEVURA'S POST!!!! ITS GONNA RUIN THE TITLE OF THE WHOLE THREAD!!!

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Re: Post titles

Posted by Gevura Shebyesod - 05 Aug 2013 17:29

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Re:"Guard Your Lies"? (I'm a genius)

Posted by Pidaini - 05 Aug 2013 17:31

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[Dov wrote:](#)

Yes! U r a genius (or something)!

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Re:

Posted by ZemirosShabbos - 05 Aug 2013 20:28

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[chesky wrote:](#)

In mine too.

Maybe the title was too blasphemous, so it was moderated!

Zemmy, was that you?

chas veshoolaces

must be a vast right wing conspiracy

Dov, thanks for this great thread

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Re:

Posted by Dov - 05 Aug 2013 21:00

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It still doesn't show the title of the thread! Aye! Maybe a guy has to be a full member first, to get these things worked out right...

Hi lizhensk, zmirosrebbbedude, and gevurah! (and everyone else!)

Anyone still serious abt making a one-time call meeting ?- and what would it be for?

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