

introduceing myself

Posted by shmuel21 - 17 Jun 2013 07:07

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hi my name is shmuel and i am strugillig with porn and masterbaition i need chizuk for who ever can give me some i am new on this form and i do not realy understand how it works

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Re: introduceing myself

Posted by inastruggle - 17 Jun 2013 07:46

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Welcome

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Re: introduceing myself

Posted by Pidaini - 17 Jun 2013 11:38

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Welcome to the beginning of the end (hopefully)!!!

The way the Forum works is quite simple, the idea is for us, the gye community, to share struggles, chizzuk, ideas, etc. with each other.

Start with letting us know about your personal struggle, what you have tried, what has worked. Keep a log of your progress ([in this thread](#)), it will help in the future.

There is also the chat feature, it can help with real time comunication.

Find your way around, many people are overwhelmed in the beginning.

We are all in the same boat (and it's quite an exciting crew)!!

Hatzlacha Rabbah

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Re: introduceing myself

Posted by guy - 17 Jun 2013 13:29

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Hi shmuel.

I joined GYE 6 days ago.

I haven't had a fall in 5 days.

I don't even know why.

Maybe it's because of the sense of caring and community that this special group of yidim have. and if it wasn't for that thought I wouldn't have even said hi 'cause what would that help you anyway.

But it does help.

I know it does.

So...Hi!

I too am a fellow sufferer.

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Re: introduceing myself

Posted by gibbor120 - 17 Jun 2013 19:57

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Welcome shmuel21! You are in the right place. It is full of warm caring people who suffer from the same problem. We are all in the same boat. Start posting and sharing.

I'm sure you have a story longer than the 2 lines you wrote. Why not share it in the "introduce yourself" section here [guardyoureyes.com/forum/19-Introduce-Yourself](http://guardyoureyes.com/forum/19-Introduce-Yourself) . Click "new topic" and

post away.

Have you read the GYE handbook? There is a lot of good reading material here  
[guardyoureyes.com/ebooks](http://guardyoureyes.com/ebooks) .

We are all here to help each other.

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Re: introduceing myself  
Posted by zvi - 17 Jun 2013 20:23

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Sholom Aleichem! Welcome to GYE!

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Re: introduceing myself  
Posted by pleasehelp9753 - 17 Jun 2013 21:13

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hey bro! u know that ur story is exactly the same as everybody else here, right?

unless.... u share some more details. i know it might be hard, it took me a few weeks to finally  
post my story on here, but if u post your whole story, it usually takes ALOT off your chest so u  
and welcome to the greatest website on

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Re: introduceing myself  
Posted by ZemirosShabbos - 18 Jun 2013 01:30

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Welcome Shmuel,

grab a cup of coffee and sit down, read up, meet the locals and share your story (anonymously),  
we can use all the heilige yidden we can get here.

wishing you much hatzlocha

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