

took a while

Posted by time2stop - 05 Jun 2013 07:10

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Im a first time forumer, if that makes sense. I've been trying to work on this problem for so many years its sad. Ive been exposed to very inappropriate material at a young age and its been part of me for many decades. Of course the internet made everything much worse, I suppose that was when the addiction really took hold. I've installed the yishmariany on my computer probably 2 or 3 years ago which has really saved me knowing that my rov emails me if I slip. That only happened once. As per my smart phone, every month I make a beli neder to pay a \$250.00 kannas from rosh choddesh to the next rosh chodesh if I look at any inappropriate things. That has also worked for probably a year or so. I guess im hinting I have 3 or 4 more days to start my new beli neder. My real problem is looking whe driving.

Tbanks.

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Re: took a while

Posted by Machshovo Tova - 14 Jun 2013 18:47

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The Gemara says (more than once) that people who work with women, especially immodest ones, and they guard their eyes, are from Hashem's favorite people, and they have a choshive place reserved for them in Gan Eden.

Hatzlacha

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Re: took a while

Posted by time2stop - 26 Jun 2013 06:59

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My problem is more than just looking while im driving. It can better be described as going driving to look. Recently it's been my strongest cause of falling.

That was the the cause of my recent fall just yesterday. The thought came in my head I ased for

help from above to let him deal with it, that worked for 5 minutes. All until I decided to go for a drive in the wrong area where the night life was going on. Made it up to 10 day's. Today I will start again.

I've been trying to identify in myself why I need my fix. I think maybe its that there is part of me that desires that kind of life. Maybe I desire the pretend, surface love or acceptance that it seems to represent. Maybe thats the deepest love I can come up with or attain. It is hard for me to have deep relationships. I think I do somewhat with my kids, but thats different.

Eitherway I do need to give more. Yesterday I called my brother. At the end of the phine call he asked why I called. I said just to say hello. I need to do things like that more often.

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Re: took a while

Posted by cordnoy - 26 Jun 2013 07:17

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1. It should be bhatzlachah. We are all here working on similar things together.

2. When you say nightlife, it seems that there is a complete release to one's fantasies and wants. Yes, its about taking there, not giving. We give them very little, except money.

Is that the key then, or one of them? Focus more on giving, and we won't need to worry so much about our next "take."

Wish you well

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Re: took a while

Posted by time2stop - 26 Jun 2013 07:34

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Sounds like what you might be getting at is the more we give the greater and bigger we are and therefore we won't need the little fixes that try to fill that gap.

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Re: took a while

Posted by cordnoy - 26 Jun 2013 07:53

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I'm not sure id quite say it that way, but perhaps your point is a valid one as well.

I was saying more of a michtav eliyahu approach.

Man is fulfilled by giving, not by taking.

We, in our addictive state, like was mentioned above, are all takers. We want, we desire, we lust after....we don't want gorgeous women etc. For beauty's sake....we want it for our enjoyment, our pleasure.

If we'd focus on giving, we would truly be fulfilled (I suspect in marriage...it would lead to some taking as well, but perhaps, in a good way), and would not need to be fakely (for lack of better word) fulfilled with the taking.

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