

Who am I really??

Posted by Apariencia - 23 May 2013 00:21

Hi!

First of all I want to explain why I

call "Appearance".

On the outside I'm a noble, pleasant,

friendly, smiling ... Inside, alone, I do

I want.

I am only what I appear to be, not who

I really am.

I'm religious.

It all started when I was Bar Mitzvah and my

body began to change.

I was wanting to feel physical contact.

But Baruch Hashem I did not. Not good.

One night I did it for the first time. I did not know

what had happened. I thought I urinate.

I felt confused.

It made me a custom and so I repeated hundreds

of times without exaggeration. I liked.

I knew it was wrong and that hurt me to my

same. But I continued, and I am still.

I approach a Chacham I know and I believe with

all my heart.

Trembling told him everything.

The first thing he told me astonished, was:

"You?".

As I said before. Appearance.

We can all be victims regardless of anything

how to be.

He gave me advice, support me, comprehendio and

I never blame to throw me on the contrary,

get out more.

I was embarrassed to see me as a freak.

I advise you not to cover my feet so as not to

Hot body or not close with the button

bathroom.

In the Yesivá, in Israel, relented.

He did so, but was still.

I studied books on the subject in private, but

was still.

Baruch Hashem started a family and felt

protected by my Mrs. Wife.

I felt that this matter was left behind ...

It started again after ... How bad

could it be? How bad is it only once?.

I struggled to get the service that first time.

One day I felt confused and alone and bought
printed material.

So am "Appearance". Look it what I am not.

It was not enough already printed. He was looking
now

video, and then on the phone ... Internet ...

I was wish more to do just that with my wife. (Even

Why not enjoy a by that sense of guilt,

to cheat on my wife, myself).

Suddenly I have no desire with her ...

Well how?? Well if you do it alone.

These images made me and made fantasize

actions by myself, but always wanted company.

But is not it worse levatala Zera?

It's worse because you do not limit ... And do not
matter.

Truth no longer want to continue.

Is leading a double life. No right or stay

with you or your wife ... or with your family or

with

Hashem.

I feel angry that no one warned me what

is, why, why.

I know it's a weapon of bobble edge. I know that.

But perhaps you do not take more guidance as to

lightly.

By the way, I told my wife of friend and

that made young (never said that I still

doing or what the videos and magazines). But

an error telling that. It is "you" secret.

Just make yourself less before their eyes and to

what?? She can not help. You can only make

feel what little thing you are ... Sometime

get it out.

I thought I was the only married to vice, but I see

we are several, or many.

I like GYE. I like the warmth I feel here.

Trust.

The spirits they give you.

And above all. That you're not alone or lost. And

what can, and should, be the end of this vice so

hard.

Hashem Beezrat you can, and leavethis.

Thanks for all people and thanks GYE.

Tool is badly needed.

My nisayon ??is stronger in nida, my days

"Free" ...

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Re: Who am I really??

Posted by Appearance - 30 Jan 2015 12:15

1. Attitude. Change my mind, forget the past that crushes me.

Forget that I'm not very successful.

2. Motivation!

Yes, I think this is a good step.

3. Reflect where is the fault.

4. Search pleasurable activities.

5. Be cheerful and happy with who I am and the party that Hashem gives me.

6. Make a work plan.

7. Having a list of these things and take it with me.

8. All this ONLY with the help of Hashem! (This is the point 1)

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