

HELP!! Difficult to get back on the path!!

Posted by kedoshim Tihyu - 07 May 2013 18:48

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I joined Guard Your Eyes a month or two ago, and I thought I had it made!!! I went for over two weeks with no chatayim, and I thought I was one of those people who would just need to start using the 90 day chart and that would be it... I guess I was wrong!

Those two weeks were the longest stretch since I was in my early teens, except for one other time when I went a month. I feel like this is a very important time for me and that I am really going make it this time. I need to stay happy and positive and I hope that this forum will help me with a place to discuss issues and a place for support. The stories and post are really helpful, and I am very thankful to have found guard your eyes!!

I feel that this is in the top three most important organizations for the Jewish people at this point in time.

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Re: HELP!! Difficult to get back on the path!!

Posted by gibbor120 - 07 May 2013 18:52

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WELCOME KT! Your initials are **Keep Trukin**. If you don't know what that means yet, you'll see it all over. Meaning don't worry and get down about the past. Just get up and Keep Trukin or KOT Keep On Truckin.

Also KOP, Keep On Posting and tell us some more about yourself and your struggle. We are all in this together.

Hatzlacha Rabbah on your journey.

BTW, what are the other 2 organizations?

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Re: HELP!! Difficult to get back on the path!!

Posted by Pidaini - 07 May 2013 23:33

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You're sure in the right place!

Don't hold back from telling about your struggles, it's a great help in recovery!!

and as Gibbor already told you KOT!!!

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