

I am new here...

Posted by tryingtoshteig - 18 Apr 2013 00:14

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Hi, I have been trying to shteig for a while now, but new to GYE...

My story, where should I start?

I have been married for 4+ years, and have 2 adorable kinderlach. My taavos history goes back to high school, because I am human, but the internet aspect didn't really become such a factor until I started working. Well, as I am writing this, I am remembering that I had a couple of online incidents in high school, but not on a regular basis.

I had an internship a couple of years ago. It was supposed to be 12 weeks, but it ended up lasting seven weeks, because I was caught looking at shmutz at work. I don't know who caught me, there was another frum guy working there, but I don't think it was him. I never asked him if everyone (including him) found out why I left the company unexpectedly. I guess it doesn't really matter who caught me, does it? My boss was as nice about it as he could be, but there were no 2nd chances. At that point, my wife found out about my problem. She was not happy, but she has been supportive.

I spoke to a rebbe from my yeshiva, who referred me to a therapist. It was good to speak to him about it, but at \$100+/hr., I didn't want to waste a second talking about side matters. That therapy effectively ate up the money I had made from working that summer.

After sending a lot of random emails to people in my field, and applying to job postings for a couple of years, I miraculously had a mamish perfect job, exactly what I was looking for, fall right into my lap fairly recently. (Somehow the background check did not disqualify me.) But what do you know, the computers in my new company are also equipped with internet. As I got comfortable here, I started to be nichshal again. It only takes a second to hit "minimize" once I hear footsteps coming. (I work in a cubicle.) I run to the bathroom to "relieve" my taivos. Last month, I was successful at staying clean the day my wife went to the mikva, but I have to make sure I have enough work to do to stay busy!

I probably cannot install a filter on my work computer, or ask my boss if its OK to install one. I have K9 filter and screenshot-based monitoring at home. The work computer is monitored by

the company, but I hope and pray that they don't check their logs unless they have a reason to suspect you. Of course I hope even more that any dirt they have on me is, in a few months from now, going to be a few months old, and a few years from now, a few years old.

That's basically my story. Does anyone have advice for me about which features of GYE are the most important to focus on? It looks like they have a lot of stuff here, but where should I start?

Any thoughts?

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Re: I am new here...

Posted by tryingtoshteig - 26 Apr 2013 23:57

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[hopefull wrote:](#)

If you don't think you handle it maybe find a new job . You are better off poor but with a happy family than well to do but miserable

Maybe this isn't the best job for you.

People, people, don't get carried away! Let me try to clarify...

When I was fired from my internship about a year and a half ago, I was very upset, and so was my wife. However, there were 2 "silver linings" that I saw in that situation --

a) This was the first time that anyone else learned of my problem, and I could begin to share my feelings and struggles with my wife, rebbe, therapist, and start working towards a "solution." There were still no guarantees that the same problem would not come back in the future, but at least it was out in the open.

b) The internship that I had was not my ideal job. I did not like the commute, I was not such a

fan of the company, etc.

The job I have now (which I have been at for about 2 months, [I hope I am not giving away too many self-identifying details here:oops: ]) is a good job by any standard and I could not ask for, or even imagine, a better job for myself. Good commute, good company, good salary, good benefits, good hours, good opportunities for advancement, there is even a workplace mincha minyan in the neighborhood! Furthermore, my wife has been anxious to cut down her hours and spend be able to spend more time at home taking care of our kids, housework, errands, etc. We both had been nervous throughout my job-hunting career (of about 2 years) that how would I be able to get a normal job with the record I had, and how would I be able to hold down another job and not run in to the same old problem as last time?

Nevertheless, HKB"H in his infinite mercy and kindness found be this PERFECT JOB where I am now. Not only that, but I don't how much time you have ever spent scouring careerbuilder.com, monster.com, \_\_\_\_\_jobs.com, networking with other people in your field, but it can be agonizing, exhausting, and quite frustrating. I received a phone call one day a couple of months ago, totally out of the blue, from someone in a company that I had emailed months ago (now he's my boss), that went something like this:

Him: Hello, is this (my name)?

Me: Yes?...

Him: Hi this is John Doe from XYZ company. We have your resume on file that you sent us several months ago. Are you still looking for an entry-level \_\_\_\_\_ job in \_\_\_\_\_(city)?

Me: Yes that's exactly what I am looking for.

Him: OK, Can you look over this file I am sending you and I am going to test you on it on a phone interview tomorrow?

The end of the story was that before I could say "GuardYourEyes" I had myself a job. (If you are not in the job-hunting parshah, let me tell you that the process can schlep on for weeks or month, between applying, scheduling and waiting for responses for phone interviews, more phone interviews, in-person interviews, etc.) The background check, in my case the scariest part, went off without a hitch.

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So to be clear, I am not miserable at my job, and want to keep my job, and be productive at my job, and keep my taharah, and be ????? ?? ????? ?? ?????? ??? ?????? every day. If When I do that, I will have a happy family, a happy wife, normal kids, a clear conscience, a good parnassa, a lasting teshuvah, and a happy life in olam habah (all of the above ???????? ??????). I am not about to throw in the towel and say "I am a good-for-nothing lustaholic who can't even keep a job, so I may as well stay in bed all day and let my wife work full-time, or maybe if I'm lucky I can scrub toilets for a living." Then nobody wins.

All I am looking for is a little help in establishing a rigorous structure for myself so I don't get lost in the imaginary world of the Yeitzer Hara and forget all of the above. But I don't want to take my schedule casually, because there is too much at stake. And again I want to emphasize that I have been CLEAN for the past week, just a little bored. It's just that to continue my journey, I need to keep adding more tools to my toolbox, or weapons to my arsenal, depending on which

The Y"H is a professional and to succeed in fighting him, we need to be just as professional and constantly reevaluate our strategies.

OK, I've said enough, what do you say???

p.s. I did bring a Chumash and an Orchos Tzadikim I just need to pull them out and use them on a regular basis.

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Re: I am new here...

Posted by gibbor120 - 27 Apr 2013 00:05

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Thank you for clarifying. Yes, we shouldn't all quit our jobs just because we can get a bit bored at work. I have the same problem (only probably worse than you) and it can be very difficult

mashal you like better.  
It keeps me busy.

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Re: I am new here...

Posted by tryingtoshteig - 13 Jul 2013 00:07

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Just curious,

It looks like I just graduated from "Fresh boarder" to "Junior Boarder." Does anyone know the the ??? ?????? is for these heilege madreigos (Gold, Platinum, Expert, etc.) What comes after Junior, it's Moderator, right?

If I would have known that I was going to be zoiche to aza maileh today, I would have planned a siyum. The minhag is to make siyumim during the nine days, right? I was not even mechavein to be mesayem during the 9 days, so it should be fine, no?

I will leave it to the Boarders who have much more seniority than me to come up with an appropriate menu for such a simcha.

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Re: I am new here...

Posted by inastruggle - 13 Jul 2013 01:42

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Fresh Boarder Min Posts 0

Junior Boarder Min Posts 20

Senior Boarder Min Posts 40

Expert Boarder Min Posts 80

Gold Boarder Min Posts 160

Platinum Boarder Min Posts 320

Moderator comes when you ask guard (the head honcho here) to become one. Moderators have the ability to, and are supposed to edit any posts that are deemed to be either spam, too explicit, or not abiding with the rules.

Siyums are serious things but hakol modeh that you must make a l'chaim on woodford before after and during the siyum.

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Re: I am new here...

Posted by skeptical - 14 Jul 2013 06:45

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...although the ranks go towards how much one posts, the most important thing is quality, not quantity.

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