

Affecting Parnasah?

Posted by Azuvada - 05 Feb 2013 22:39

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Hi everybody. I'm new here but thought I'd throw out a question that's been bothering me. Maybe someone can share some perspective. And please forgive me if this has already been dealt with elsewhere.

I recall reading in the Chayei Adam and hearing that h'z'l affects parnasah and causes poverty.

I happen to be experiencing some parnasah issues and can't shake the feeling that it's because I have not succeeded in overcoming this challenge. My money issues began around the time of my first fall in 10 years. To be fair, part of the money issues stemmed from a result of being depressed about falling and not putting in the proper hishtadlus for parnasah. But even for months after clean streaks none of my efforts for parnasah seemed to yield the peiros I'd hoped for, b'derech hateva.

I have been doing better than I've done in the past 6 years with my yetzer harah, but every now and then have a fall in one form or another (viewing and/or acting), but I'm scared/resentful that I have to suffer money issues permanently as a result of this, while other people (who I'm sure are not as careful as I try to be in this area) seem to have no money issues at all.

All of this thinking does nothing to further my relationship with Hashem or make me feel good about stopping. And I can't seem to get the right perspective on the issue. I mean, if there is an onesh of aniyus in olam hazeh, why shouldn't I think that it's a result of my actions, but then again, why

me over other, less concerned people?

I feel I'd be better off not thinking about Hashem in the picture and just forge ahead trying to make a living and that b'derech hateva, it'll happen, as opposed to the way I feel now- weighted down and held back everytime I have a fall, never knowing how long Hashem will withhold parnasah from me.

Any similar thoughts/advice out there?

Thanks, glad to be here.

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Re: Affecting Parnasah?

Posted by Dov - 04 Mar 2013 22:06

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Sounds like a man living in the solution, rather than in the problem.

Sweet.

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Re: Affecting Parnasah?

Posted by friendlyjew - 05 Mar 2013 01:35

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I agree with Eli. Focusing on the connectedness of lust addiction and parnasa isn't very constructive; it will only make the problem seem larger and scarier. If loss of parnasa is a strong enough deterrent from falling, then I could see the benefit to it, but otherwise, I think you're just psyching yourself out.

Focus on the addiction, not because of the parnasa, but because you really want to get clean and be a healthier person. If it helps your parnasa as well, either through spiritual channels or simply because you are functioning better overall, baruch hashem, it's an added bonus.

Do your best to work on your parnasa separately and through goshmius. Im irtz hashem you will be successful, and the effort will distract you from less productive endeavors. I remember a time for a few months when I was working late into the evenings, and when I got home, I was too tired to be really interested in lust, and my mind was still focused on my work (in a good way, not out of stress).

When you are worried about parnasa, find a constructive way to relieve the stress. For me, I find exercising an effective way both to relieve stress and simultaneously to keep lust at bay.

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