

When does it end ?

Posted by tikounberith - 16 Jan 2013 18:59

Hello,

I'm a 28y man old leaving in France. The French GYE forum still not exists but I really need to talk with people who can understand me.

I can't remember the first time I mast** myself but it was before I had zera... When I discovered Internet, it was worst and I visited a lot of website, download videos...

I get married 3y ago and it was magic: no more desire to see porn, the nidda period was exactly the time interval I can control myself. I thought that it was finished with this problem.

When my wife was pregnant of our son, she has some problems and we were forbidden to have sexual relations... One month later, I fell and went back to my previous practices.

I discovered after that GYE, I receive the daily hizuk mail and I delete the internet access on my iPhone and I don't use a computer at home. I have only a restricted access at work but I already found how to get access to erotic stories...

I really want to stop, I love my wife and my son and I want to keep the *kedusha* of my family.

I need help... can you help me ?

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Re: When does it end ?

Posted by moish u.k. - 16 Jan 2013 19:10

Hello and wellcome.

I hope you find what you are looking for here.

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Re: When does it end ?

Posted by Blind Beggar - 17 Jan 2013 13:08

Bonjour, M. Tikoun Berith,

You story is very familiar. We all have stories like yours. Speak your mind and tell us about yourself. This site stooped me from being a chronic masturbater.

Hatzlakha!

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Re: When does it end ?

Posted by chaimcharlie - 20 Jan 2013 04:32

Welcome, Mr. France.

The best advice I got upon arriving here was to always be progressing in trying to stop hurting myself, to try something out - if it works, great, if it's not enough then on to something else. If you keep on moving foward, eventually you'll get all the way!!!

All the best!!!

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