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I find that fast days are difficult, it removes your energy to want to do anything good...

I am currently in the midst of a 2 week program...

No looking at you know where

and no going into the mik with my glasses on.

(and no TV shows since friday)

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Re: The path to the Gaurden of Emunah
Posted by ZemirosShabbos - 26 Jun 2013 19:03

Go! Huckleberry Mr.E, Go!

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Re: The path to the Gaurden of Emunah
Posted by tehylimzugger - 26 Jun 2013 19:57

[mr. emunah wrote:](#)

Baruch hashem the first 3 days have passed without incident.

(and no TV shows since friday)

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 26 Jun 2013 21:56

Same to you and twice on sundays.

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 28 Jun 2013 22:22

57 to da p 150 to da m

I really need to thank Hashem and all you peoples - The last time I was 150 days without the M was well over 7 years ago.

But to quote the Sage wise Z. Shabbe PHD,

LOOKOUT FOR MILESTONES!

remember one day at a time

And I must say - a daily regiment of tehillim and mavor sedrah saying helps!

Goo Shub!

See ya'll in J ir Hakod. Bim Biyam Mein.

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Re: The path to the Gaurden of Emunah
Posted by tehillimzugger - 29 Jun 2013 23:21

50+157=207

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The light is shining!

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 02 Jul 2013 18:11

61 to da p 154 to da m

I came to the realization yesterday that human beings can accomplish a lot even if they are tired,

also that a good attitude will help a ton

and a good moreh derech/or rebbe is totaly invaluable (but you need constant contact)

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Re: The path to the Gaurden of Emunah
Posted by ZemirosShabbos - 02 Jul 2013 19:14

ah, der heiliger hitteroigener rebbe

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 02 Jul 2013 20:06

code name shin bet.

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 04 Jul 2013 23:19

I think today is actualy 64 to the p and 156 to the M

Thank you hashem!

My boss called me yesterday to let me know that he doesn't need me after August.

Gam Zu Litova

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Re: The path to the Gaurden of Emunah
Posted by ZemirosShabbos - 04 Jul 2013 23:48

ouch

ouch

Mr.E, keep the chin up!

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Re: The path to the Gaurden of Emunah
Posted by mr. emunah - 05 Jul 2013 01:02

where's my kiss?

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Re: The path to the Gaurden of Emunah
Posted by ZemirosShabbos - 05 Jul 2013 01:19

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Re: The path to the Gaurden of Emunah
Posted by gibbor120 - 05 Jul 2013 17:45

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