

Introductions and Hello

Posted by shlomoanonymous - 24 Oct 2012 17:41

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Hi Everyone,

I am a little hesitant to write on this forum. I have finally decided to give it a go. I have been struggling for a while now with internet addiction. I have tried to stop countless times and always failed. I am married with children. My wife is aware that I have a problem with watching movies and tv shows online. I can go a whole day watching films whenever I have a free moment. I am usually pretty good about not watching inappropriate movies, however every once in a while I slip up and watch one inappropriate film . I am ready to stop, I have applied the necessary filters(K9), and watchchaver, my wife has the passwords. I have just finished my first 24 hours and and I am looking forward to making real change in my life.

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Re: Introductions and Hello

Posted by shlomoanonymous - 27 Dec 2012 02:20

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Okay, I am on day number 64. Thank G-d It has been going better than I thought. However today while I was online I came across a picture site, not supposed to be bad and they had provocative pictures. I started feeling the urge to M. I have so far been able to hold myself back, however it is very hard. I decided to sign into this forum again to get some additional chizuk and strength to overcome.

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Re: Introductions and Hello

Posted by gibbor120 - 28 Dec 2012 00:20

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The best way to overcome a nisayon, is to avoid it in the first place. Move on and get involved in something else, the urge will pass. I wish you hatzlacha!

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