

Shalom from Colombia!

Posted by gyejuda - 20 Oct 2012 23:13

Shalom everyone!

I joined the GYE website 5 days ago, and it is just amazing to know that Hashem gave me this opportunity to start my journey to freedom.

I'm from Colombia and I'm 21 years old. I've been dealing with this enormous problem of por***phy and mast***ation since I was like 10 years old, and before that, I already had really bad thoughts, at that short age :-[

Past year's Yom Kippur I really felt the desire of changing my way of living, but it has been almost a year of unsuccessful fights (I had a month period clean, but when I felt, I felt really bad), this addiction is taking my live, and I am too young to lose the rest of it. I really want to change and have a family in the future. Today I started the 90 days program, after reading the first part of the gye handbook and hope to finally to get free.

Shalom everyone!!

HAZAK!!

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Re: Shalom from Colombia!

Posted by alexeliezer - 21 Oct 2012 15:17

Welcome!

Good to have you on board.

Many find it helpful to post here regularly, both to keep themselves on track, and to give others chizuk.

Hatzlocha in your new journey. Keep reading the handbook.

Commit to doing whatever it takes to break free. The beginning can be hard. With time it does get easier.

Take it one day at a time.

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Re: Shalom from Colombia!

Posted by seeker - 21 Oct 2012 15:25

Hi Gyejuda!

Welcome to GYE. It's amazing that you have taken your first step towards recovery.

I too have made many unsuccessful attempts to stop.

It may seem difficult when you focus on how much willpower you must have for the rest of your life...

That's where GYE comes in. Keep posting on the forums and take your recovery one day at a time.

We're all rooting for you!

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Re: Shalom from Colombia!

Posted by gyejuda - 22 Oct 2012 01:05

Wow thanks a lot for your great welcome!!

It is amazing to have found this website, and I think it will become more than a simple website, it is just a huge present from G-d.

I am here just a few days ago, and I have to admit the first day I was amazed and WIHTOUT reading the handbook I decided to install a filter (k9), but made a huge mistake I signed in with my e-mail, and obviously having access to my password. When I started to read the handbook I realized I had made a mistake, but thought by myself: "I'm too motivated, probably won't write the password in, when they ask me to in this abominable pages"..... But today I did it, it is just so hard!! And I know you all understand.

So I fell, but now I'll reinstall the filters (in the correct way), and start over again.

Thanks again for your welcome, may Hashem guard you!! Hope to have good news soon.

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Re: Shalom from Colombia!
Posted by yehoshua - 22 Oct 2012 09:27

May Hashem guard you too and bless You with honesty and strength. Wellcome ;D

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Re: Shalom from Colombia!
Posted by think good - 23 Oct 2012 10:49

Hatzlocha Raba

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Re: Shalom from Colombia!
Posted by shlomoanonymous - 26 Oct 2012 02:37

Hi,

I was wondering how you are doing? Has your challenge gotten easier over time? I have just joined this website and it looks very promising, just want to hear from other. Have you joined the 90 day challenge?

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Re: Shalom from Colombia!
Posted by gyejuda - 27 Oct 2012 23:34

Hi shlomoanonymous, welcome!!

All I can say is that once you learn about the different tools, it is a matter of ATTITUDE and daily motivation to start having a constructive process. Perhaps the challenge itself is still being hard,

but the difference is that now I can know how to manage it and not just fall immediately. Hope you find the motivation and strength, to win this hard fight!!

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