

My story

Posted by Readytostop - 27 Sep 2012 16:38

I'm twenty now, I consider myself an eved Hashem in many respects.

It's just that when I was ten, I started this bad habit.

I've been in yeshiva, I love It and I am so happy that I learn well, daven well, and I really feel my head is on straight.

I've also made progress- but I am not

Continuing well. Basically, whenever I find myself alone, boom, I don't stand A chance. I know I have to avoid it, but it just happens and I don't know what to do.

On a different note, I am happy I can tell about my experiences here

Ready to get on track

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Re: My story

Posted by Machshovo Tova - 27 Sep 2012 16:56

Welcome aboard!

Please stick around and you will be"H find much chizzuk and advice around here. Have you read the GYE handbook yet? It has been extremely helpful to many of us (including myself).

Please provide more details about your issues if possible. You will get more detailed suggestions if you give more detailed descriptions of your issues. What exactly is "this bad habit"? (mast? porn?) When you find yourself alone..."it just happens". What just happens?

Hatzlacha

MT

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Re: My story

Posted by alexeliezer - 27 Sep 2012 18:07

Welcome!

You do stand a chance. You just need to learn some new tricks. Like davening for help in this area. Don't be afraid to ask. Hashem will help you if you ask. Don't think it's all up to you. This is a common mistake committed by many who try valiantly to break free. It doesn't have to be your fight. You can simply give your lust up to Hashem.

For more details on how to do this, see here:

www.guardyoureyes.org/forum/index.php?topic=5684.msg145321#msg145321

[I hope you'll stay with us here on the front lines until you're successful \(and beyond\)](#)

[Alex](#)

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