

let's start from the beginning

Posted by bzyzgye - 28 Jun 2012 06:07

Hi everyone, I've been following you all for a few months now and noticed a few newbies introducing themselves and decided to take the plunge.

I am in my 20's, married with 3 wonderfull children k"h, financially stable, and everything going for myself b"h.

It all started when I was about 10 years old I started getting the urge to look at inappropriate pictures, I would find them in store flyers, magazines on the street, phone books, etc. As I got into my teens I graduated to worse type of images such as s*x and p**n, I figured out that I can masturbate myself (quite scary the first time it happened) from there it went down hill as soon as I discovered the internet after I got married. I couldnt go by 2 days without masturbation and mz"l. I recently had 70+ days clean and am currently working on hitting at least 90. My main problem is that I love to look at woman on the street and let my imagination wander, whether it's while i'm driving walking or just watching my kids outside. My falls can come at any given time, for no reason at all I'll just decide to go ahead and be mz"l. While I do have filters and accountability software on my computers and smartphone. I find that it doesn't take much for anything to trigger a fall. I have noticed that it usually comes from boredom or just a crazy hectic day at work where I feel I need to releive myself.

To set the record straight: I b"h have never gone to any places I shouldn't nor have I had any online social networks, never had anything to do with another woman besides my wife, just basically the personal struggle and the fantasies.

I must add that I have gained a tremendous amount of chizuk by hanging around on the forum, I truly regard you all as malachei elokim for keeping such a wonderfull program going.

I must "Keep Climbing"

=====
=====

Re: let's start from the beginning

Posted by JustKeepGoing - 16 Jul 2012 02:51

KC,

I **truly** feel for you. All I can say is pick yourself back up again and don't let it get you down. You'll be matzliach I am 100% sure.

Rooting for you,

Just Keep Going!

Also I was thinking of a resolution to our dilemma - so I was thinking of a compromise

Going + Climbing= Cloging or Gombing

So..... Er.....

Just Keep Glocoging!!!

.....

Ya.....

=====

Re: let's start from the beginning

Posted by Newbi - 16 Jul 2012 02:57

I like that one. It will be our(as in special for the Gye community) terminology.

Thumbs up. Keep clogging.

=====

Re: let's start from the beginning

Posted by JustKeepGoing - 16 Jul 2012 04:07

=====

Re: let's start from the beginning

Posted by Newbi - 16 Jul 2012 04:16

Gosh it was unreal, we're u the other mesugena standing outside. Lol. Kidding,

Hey we can have a little fun on here too, if we're gonna be friends. Is it just me I love the biggest booming thunder. Lol

=====

Re: let's start from the beginning

Posted by bzyzgye - 16 Jul 2012 14:21

Ok, so now I know exactly where you guys live, I didn't get much of the storm so you guys must be a little North of where I am, now all I have to do is figure out where I stand in life. Got it?

Now on a more serious note.

anyone volunteering to be the guy I can pm, text, maybe even talk when I feel a fall coming?

Keep.....you choose what you can relate to best.

=====

Re: let's start from the beginning

Posted by Gevura Shebyesod - 16 Jul 2012 14:33

=====

Re: let's start from the beginning

Posted by bzyzgye - 16 Jul 2012 14:52

[Gevura wrote on 16 Jul 2012 14:33:](#)

Careful, don't clog the servers

If there's room in the heart there's room on the servers

=====

Re: let's start from the beginning

Posted by obormottel - 16 Jul 2012 15:26

I am available to talk or text. Pm me for my phone number.

Mottel

=====

Re: let's start from the beginning

Posted by bzyzgye - 20 Sep 2012 02:58

Hello chevrah, gmar chasimah tovah!

I took a 2 month break and I'm coming back practically crawling on all four.

it was quite a rocky 2 months, some ups and downs more downs than ups.

But I made a resolve in the new year to give it another shot. I basically have all the protection I need, filters etc.. I finally realised over these 2 months that what I was really lacking was a true ratzon to 'want' to kick the bucket.

I can't promise to post very often as I used to due to some personal obligations for a while but I will try.

Its always nice to come home.

Thanks for always being here for me.keep climbing

=====

=====

Re: let's start from the beginning

Posted by E-Tek - 20 Sep 2012 04:22

Welcome back!

Gmar Chasima Tova!

Meir

=====

=====

Re: let's start from the beginning

Posted by mifatfait - 20 Sep 2012 11:01

Welcome back.

Where's JKG?

=====

=====

Re: let's start from the beginning

Posted by bzyzgye - 20 Sep 2012 13:41

=====

=====