

Hatzlach

Posted by testuser - 11 Apr 2012 14:51

don't be sad

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Re: Hatzlach

Posted by halacha - 11 Apr 2012 16:50

cuz he fell!!

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Re: Hatzlach

Posted by testuser - 11 Apr 2012 17:05

so he fell, so what?

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Re: Hatzlach

Posted by ImGonnaWin - 11 Apr 2012 18:27

does it alert?

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Re: Hatzlach

Posted by tester - 12 Apr 2012 05:59

test

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Re: Hatzlach

Posted by Gevura Shebyesod - 12 Apr 2012 13:28

... on the Monstuh' School Bus step inside - it's a wild ride!

Come on and ride on the Monstuh' School Bus!

Maybe one day I'll be bored enough to do the whole song

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Re: Hatzlach

Posted by admin - 12 Apr 2012 20:27

test1212312

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Re: Hatzlach

Posted by kidushashem - 16 Apr 2012 10:29

Hi Eved for Hashem,

There are tons of guys on the forum who have SSA and you should definitely try speaking to them as well as the general forum. If you want names of specific guys you should contact on the forum, send me a pm.

I would definitely encourage you to take the 90 day journey. It did wonders for me in realizing that this addiction is definitely beatable (btw, don't get too stuck on the word "addiction". it just means that we have a harder time than other people. we can deal with it just like everyone else.)

However, I encourage you to also start *real* recovery in conjunction with the 90 day journey. The 90 day journey will not heal you or remove your addiction. It will only make life easier and get you into good habits.

In order to truly heal and recover, it is imperative that you actually take steps to change yourself and acknowledge the faults that led you to this predicament.

It would be a great idea to try the 12 steps (either phone calls or live groups).

All the best,

KH

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Re: Hatzlach

Posted by passatocc - 17 Apr 2012 07:50

hello i am new here.i dont believe i ve got the courage to di this.

i am so happy i am not alone anymore.i am sure bi schus of the zibbur we are going to be mazliach.

if somebody could explain me how it works on the forum i would be very grateful thanks a lot.be in touch

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Re: Hatzlach

Posted by alexeliezer - 17 Apr 2012 14:35

Welcome passatocc!

I suggest starting your own thread introducing yourself in the "intruduce yourself" section. Tell a little (or a lot) about yourself, your struggle and where you're holding. Avoid information that could compromise your anonymity.

See you there!

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