

Brand new

Posted by Lefko - 20 Jan 2012 11:19

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Hi all,

I am brand new here. I can't believe that I am here. Anyway, before I even start looking around I want to know if anybody knows of a filter for blackberries? Please respond to this post if you do.

Thanks

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Re: Brand new

Posted by gibbor120 - 20 Jan 2012 14:47

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Hi and WELCOME! You have come to the right place. I'm not knowledgable in that area, but there are people here who are.

Why don't you tell us some more about yourself? I assume you came here because you are having lust related problems?

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Re: Brand new

Posted by heuni memass - 20 Jan 2012 16:09

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Hey Lefko,

Sorry I dont have much info about it- I do know its discussed on the site. I believe jnet has a good service for blackberry filters. Anyway, Welcome aboard..

## **Welcome to our community, you have finally come home!**

GuardYourEyes (GYE) is a vibrant network and fellowship of Jews of all affiliations, struggling to purify themselves and break free of lust related behaviors. For the first time, there is somewhere to turn to for help in these areas. We're all in the same boat here. *Tzuras Rabim Chatzi*

. Once you've arrived, there's no turning back. Everyone here will just grab a hold of you and pull you up with them!

In the last couple of years, the GYE network has helped roughly 1,000 Jews get back on a path of sanity, self-control and healing and has touched the lives of thousands more. GYE has become known throughout the Jewish world as the number one address for dealing with these challenges which have reached epidemic proportions.

### *Nechama*

The tools of our recovery program were developed with guidance from the best experts in the field, such as Rabbi Dr. Avraham J. Twerski, and through the personal experience of hundreds of Jews who successfully broke free. We use a unique approach that recognizes that there are many different levels in these struggles.

Our network is comprised of a website, a pulsating forum, phone conferences, daily Chizuk e-mails, support hotlines, therapists, live 12-Step groups and a program of recovery for all levels of this struggle/addiction.

All our work is free of charge and we zealously protect the complete anonymity of all our members.

## **Here are some quick things you can do to help you jump straight into your journey:**

1) See the "[GYE Program in a Nutshell](#)" (*Right Click the link and press "Save Link/Target As" to save the PDF file to your computer*) that can help you quickly identify at what level of the struggle you are at, and which tools and features would help you most at your particular level.

2) Install a strong filter (see [this page](#) for more info). It is hard to break free of this while having

all the garbage within a mouse click away. The filter gabai at [filter.gye@gmail.com](mailto:filter.gye@gmail.com) will hold the passwords for you. We also highly advise installing "Reporting Software" such as [webchaver.org](http://webchaver.org) to give you some accountability.

3) Join the daily [Chizuk e-mail lists](#) to get fresh chizuk every day.

4) Join the [90 Day Challenge](#). Scientific studies have shown that it takes 90 days to change the neuron pathways created by addictive behaviors in the brain.

5) Post away on this forum, where hundreds of yidden like you exchange chizuk and post logs of their journey to recovery. You will internalize that you are not alone, and you will learn the techniques and attitude that work for so many others.

6) Join our free anonymous [phone conferences](#), led by an experienced sponsor.

7) If you need more general guidance, write to GYE's helpline at [gye.help@gmail.com](mailto:gye.help@gmail.com) or call the hotline at 646-600-8100.

8.) Download and read the "[Guard Your Eyes Handbook](#)" (a hard copy can be purchased for cost price [over here](#)). This handbook outlines the GYE approach in detail, and makes our network much more effective and helpful for people. **The handbook has two parts:**

A) The first part, "The 20 Tools", detail suggested tools and techniques, in progressive order, beginning with the most basic and fundamental approaches to dealing with this addiction, and continuing down through increasingly earnest and powerful methods. No matter what level our addiction may have advanced to, we will be able to find the right tools to break free in this handbook!

The second part, "Attitude & Perspective", detail 30 basic principles to help us maintain the proper attitude and perspective on this struggle. Here are some examples: Understanding what we are up against, what it is that Hashem wants from us, how we can use this struggle for tremendous growth, how we can deal with bad thoughts, discovering how to redirect the power

of our souls, understanding that every little bit counts, learning how to bounce back up after a fall, and so on and so forth...

Our souls cry inside of us, but we have accustomed ourselves to block out that cry. Today we can begin to be who we really want to be.

We are here for you.

[www.GuardYourEyes.org](http://www.GuardYourEyes.org)

GYE E-Mail Helpline: [gye.help@gmail.com](mailto:gye.help@gmail.com)

GYE Phone Hotline: 646-600-8100

Help us help others: [Donate Here](#)

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Re: Brand new

Posted by Tzvi S. - 08 Feb 2012 18:50

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As of now the only options i know for filtering a blackberry are: by the phone being connected to a server (enterprise account) or filtering by the ISP level.

Check out [www.JNetMobile.com](http://www.JNetMobile.com)

Good luck

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Re: Brand new

Posted by have2changeNOW - 08 Feb 2012 20:06

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I have a balckberry and had to look into this as well.

There is software called PhoneSheriff - [www.phonesheriff.com](http://www.phonesheriff.com) that blocks specific websites and phone numbers on blackberry, but not latest version (as of a few months ago). My BB is about 2 years old so that was fine for my phone. I'm pretty sure that it doesn't filter out entire categories, but let's you enter specific website and phone numbers that will remain blocked. It uses a simple 5 digit password - so I had someone just enter a password for me that I do not know. no need for me ever to see those websites again or call those numbers.

So if you can select some specific sites and number to block - this might be a good alternative.

A possible better solution is to ask your service provider - i.e. T-Mobile, Verizon - and i think they can usually block porn and adult websites from their end. My BB is work supplied, and thus controlled by admin at my work - I choose not to get them involved.

Hope that helps. Great to block out the shmutz!

Be matzliach

Have2changeNOW

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Re: Brand new

Posted by have2changeNOW - 12 Feb 2012 03:05

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More on blackberries - saw this under the news section of GYE website homepage:

We have already received about 25-30 requests so far for the deletebrowser program to help people delete the browser on their Blackberry. (Send an e-mail to: [deletebrowser@gmail.com](mailto:deletebrowser@gmail.com))

and you will get back a free program that eliminates the internet browser from your Blackberry. E-mails and all other applications will continue to function normally.)

Also, our filter Gabai says he never had such volume of requests for help! (The "Filter Gabai" can hold the password for you so you won't be tempted to turn off the filter. Contact our filter gabai today at [filter.gye@gmail.com](mailto:filter.gye@gmail.com).)

hope that helps? How have you been doing?

Have2changeNOW

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