

diaper lover

Posted by davied - 06 Jan 2012 15:17

Hi

I'm 20 and married and I love to where diapers I always dreamed to have them on me but never really got to where them (since I stop to wet the bed) but all way use to steel baby diapers and massterbate in them but never got to have adult diapers

Wean I was in yesheva in dorm I always use to sneak in baby diapers in my room and wear them at night but did not fit me I just won't to fell it and once I even found a all pack of diapers in the garbage next to the dorm at night wean everyone was asleep I headed in the dorm and use to take one and use it for a few nights and them change one

Later on I start to search on the net . . . and started everyday to look at porn.

I always wone to talk to someone abut this but was to shy to tell someone about it I'm looking to stop it and I can't I need help I cand stop it every time I c diapers I have to massterbate I'm secret to have kids like this I don't wone have sipers in my house it will b dangers for me

I told my wife about it and she was not very happy to here it but I promise her to get over it and ill stop loving diapers and stop to search porn but its impossible I need help urgent I can't go like this anymore every time I'm going to the grocery I have to pass the diapers a few times

Its crazy I can't any more I need HELP!!!!!!! Pleas someone HELP ME.....

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Re: diaper lover

Posted by strugglingwiththeunusual - 18 Apr 2025 01:58

Since I'm able to copy/paste, I'm posting the post for the bochur under username "littleman". He wrote in introducing yourself:

"Hello. If you take the patience to read this, thank you in advance.

I am a bachur in my low twenties. I'm kind of an interesting case being that I struggle with ABDL (adult baby diaper lover) mainly just DL though. BH I do not struggle with porn. I really just need some guidance on this topic, because I know it's not really a ideal to do, but I still want to do it. I'm not really sure what the path is. And do I need to go to a therapist about this or will it just go away over time?

So if you have any experience in this topic I am definitely very interested in trying to learn about this. Thank you so much."

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Re: diaper lover

Posted by david.e123 - 29 Apr 2025 19:34

Its been a while but I'm back.

Just needed a little break from this topic, but nothing goes away like that.

hope everyone on hear is doing ok.

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Re: diaper lover

Posted by einanilimili - 30 Apr 2025 13:40

Hey littleman, I'm so happy you've found the place where I and many others have had our lives tremendously changed. I want to share a bit of my ABDL journey with you. First of all, over the years, I've found many other of our Yiddish brothers who are struggling with this. I've even found some in their 50s. All of them told me that this is something that gets worse with age and that there's nothing to stop it. I witnessed this myself for many years until Hashem gave me the best thing in the world: the guidance to reach out for help here on GYE and in the Yiddish forum. The older I got, the more fantasies I had, and the more miserable my life became as I did more and more reckless things.

After I got here and opened up to my dayan and talked to Relief, they all advised me to see a sex addiction therapist. Even though I could have sworn that my ABDL side had nothing to do with sex at all (and I still don't understand why many ABDLs say that in the first while when they reach out for help, but it's a fact), I eventually trusted them and started seeing a sex addiction therapist. I've been with him for almost two years now, and the changes have been huge. I don't want to trigger anyone by talking specifically about what used to trigger me, but I can tell you it's been a miracle. Things that used to consume my thoughts for days or weeks after I accidentally saw them now barely register. I'm still working through my ABDL tendencies with my therapist's guidance, and slowly, I'm getting free of them. It's impossible to describe the feeling of slowly emerging from the big ABDL prison into a free life where I'm gaining control of myself. As I'm typing this, tears are welling up when I remember where I've come from. Yes, it's not an easy way out, and I'm still not completely free, but it's worth going through everything and spending all the money to be where I am now, and b'ezrat Hashem, it keeps getting better. Over the past two years, I've connected with other ABDLs who are also getting help and making good

progress. From my perspective, the best results come from going to a sex addiction therapist.

I love you, holy brother, and I'm so excited that you've found this lovely place. I'm sure that you can and WILL come out of this in the end by doing the work, just like many others have.

Feel free to ask me or to reach out to me, I'll be either very happy to answer and help you with what I can. I'm willing to share you specific parts of my (our) struggle if that will help, just reach out in private

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Re: diaper lover

Posted by healingyid - 06 May 2025 01:47

Hi, I'm a 20 year old struggling with fetishes for a really long time now, I don't want to explain to my parents that I want to see a sex therapist because I don't feel fully understood by them. I have seen other (regular) therapist in the past who just told me to deal with it and I'm really feeling stuck. I suffer from anxiety depression and ADHD which all or some possibly came from this. Thanks so much!

Warning: Spoiler!

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Re: diaper lover

Posted by einanilimili - 31 Jul 2025 02:35

I have some great news! Over the past two years, I've put a lot of work into therapy and psychology. I've learned to manage not to get aroused by anything else besides to my wife when needed, i wouldsay im 95% good with this. I've also learned to separate my sexuality and ABDL interests into two distinct areas by addressing the underlying issues. Now, my therapist wants to start gradually helping me move away from ABDL. In the past, the mere thought of eventually stopping these behaviors would make me shiver and feel incredibly insecure. However, with all the processing I've done in therapy, I'm taking this news very calmly.

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Re: diaper lover

Posted by markz - 31 Jul 2025 02:40

[einanilimili wrote on 31 Jul 2025 02:35:](#)

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Re: diaper lover

Posted by david.e123 - 04 Aug 2025 22:35

Great work, I hope I can get to that place one day.

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Re: diaper lover

Posted by einanilimili - 05 Aug 2025 01:11

[david.e123 wrote on 04 Aug 2025 22:35:](#)

Great work, I hope I can get to that place one day.

Im sure you can get there, the same as I never thought ill be in such a healthy place

What are you doing to get there?

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Re: diaper lover

Posted by david.e123 - 19 Aug 2025 21:43

at the moment nothing, just trying to survive.

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Re: diaper lover

Posted by einanilimili - 20 Aug 2025 01:00

[david.e123 wrote on 19 Aug 2025 21:43:](#)

at the moment nothing, just trying to survive.

I know what you are talking about, very not easy. Im davaning for you you should soon find your way to get rid of these things in a healthy way, and you should be ready emotionally to work on it. I love you brother

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Re: diaper lover

Posted by easy - 20 Aug 2025 03:23

I should throw my hat into this illustrious corner of GYE. This is for my sake and to remove the shame that i have associated with my DL.

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