

diaper lover

Posted by davied - 06 Jan 2012 15:17

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Hi

I'm 20 and married and I love to where diapers I always dreamed to have them on me but never really got to where them (since I stop to wet the bed) but all way use to steel baby diapers and massterbate in them but never got to have adult diapers

Wean I was in yesheva in dorm I always use to sneak in baby diapers in my room and wear them at night but did not fit me I just won't to fell it and once I even found a all pack of diapers in the garbage next to the dorm at night wean everyone was asleep I headed in the dorm and use to take one and use it for a few nights and them change one

Later on I start to search on the net . . . and started everyday to look at porn.

I always wone to talk to someone abut this but was to shy to tell someone about it I'm looking to stop it and I can't I need help I cand stop it every time I c diapers I have to massterbate I'm secret to have kids like this I don't wone have sipers in my house it will b dangers for me

I told my wife about it and she was not very happy to here it but I promise her to get over it and ill stop loving diapers and stop to search porn but its impossible I need help urgent I can't go like this anymore every time I'm going to the grocery I have to pass the diapers a few times

Its crazy I can't any more I need HELP!!!!!!! Pleas someone HELP ME.....

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Re: diaper lover

Posted by Vehkam - 05 Jan 2022 16:41

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I don't get into the details of my fetishes on the forum because I don't want to trigger anyone. I myself was never specifically into abdl but since I was actively friends with many people in the fetish world I did encounter many people that were into that. I understand the shame and the fear of "vanilla" people discovering what I am into and also the heightened pleasure achieved when being involved in a fetish.

There are a few things that I have learned as I work towards recovery. 1) it does not make a difference where you are coming from and what you did in the past. It matters only where you are headed. 2) don't just yourself by your fails. Every time you try again is a win. 3)no one here will judge you for what you did or for your fails - everyone of us is a hero for fighting this fight. 4)Hashem loves us even more than the people on this forum and will continue to help us no matter how many times we fall we just need to get up and try again. 5)personal connections and keeping busy will make this much easier.

I hope this is helpful and wish you continued Hatzlocha.

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Re: diaper lover  
Posted by jackthejew - 05 Jan 2022 17:30

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Although I started out as mostly ABDL and took it pretty far (avoiding triggers) that lust has somewhat subsided. Most of the struggle for me by now is other fetishes (unfortunately most probably worse than ABDL). Either I've sort of moved on, or (Hopefully!) I've started to outgrow it too.

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Re: diaper lover  
Posted by david.e123 - 05 Jan 2022 18:10

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Hi all,

Hope everyone is doing great here, I believe that a big part of this for me was excepting it and letting go, the fact that I was so embarrassed of people knowing about this made me think deeper into it to a point where I was always thinking about it and how to avoid anyone from finding out about it.

Best of luck to all here.

Stay Strong.

david.e123

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Re: diaper lover

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Posted by Vehkam - 05 Jan 2022 19:47

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fetishes often lose their appeal after a while - i believe the underlying lust is not directly coming from the fetish, that is just a manifestation of some inner desire for a certain feeling. After a while you realize that the experience doesn't fully fulfil that desire and you transfer the fetish to something else. just my take on things

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Re: diaper lover

Posted by Trouble - 05 Jan 2022 20:40

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[Vehkam wrote on 05 Jan 2022 19:47:](#)

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from a fellow who has a fetish for over 35 years, i am inclined to disagree.

nauru detention centre

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Re: diaper lover

Posted by sleepy - 06 Jan 2022 00:34

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[Trouble wrote on 05 Jan 2022 20:40:](#)

[Vehkam wrote on 05 Jan 2022 19:47:](#)

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from a fellow who has a fetish for over 35 years, i am inclined to disagree.

nauru detention centre

could it be that you need medication?

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Re: diaper lover

Posted by StrugglingWithTheUnusual - 06 Jan 2022 00:57

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I disagree to the sentiment that the fetish will go away by itself, but I don't think @Trouble would necessarily require medication for having the 'pull' towards a fetish for 35 years as @Sleepy is suggesting. (And I say this as someone who is B"H taking what, with Hashem's help, can remain the right medication for years to come.) Medication may not be the answer here.

Sometimes therapy (a LOT of it) helps get to the root cause of some of the buried emotional things causing the fetish. The fetish may never completely go away and be eradicated but the hold it has on you may diminish significantly. I think that I personally have a possible fighting chance to fight my nisyonos here only because I have started (after being in MANY therapy sessions) to tap in to the deepest roots of what pushes/pulls me in the first place.

I'm wondering @Trouble if what I'm saying makes sense to you too? I understand that your situation can be very different.

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Re: diaper lover

Posted by Vehkam - 06 Jan 2022 01:24

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My post was a response to jackthejew. I was not suggesting that all or even most fetishes eventually just go away by themselves. In any case I am not a professional but was just giving my take on things based on my life experiences. Obviously other people have different experiences and opinions.

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Re: diaper lover  
Posted by Trouble - 06 Jan 2022 02:08

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[StrugglingWithTheUnusual wrote on 06 Jan 2022 00:57:](#)

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thanks. medication can help anything, or not. so can drugs. therapy - getting to the root cause, and dealing with that cause, can help as well. i actually shied away from that at the end (when it felt like the therapist/specialist was getting too close to my inner core). it also can be that fetishes are simply disguised lust, and when one works hard and recovers from the lust issues, the fetish may miraculously vanish (and perhaps that was the intent of the original poster).

nauru island, surfside, united nations high commissioner for refugees and the special rapporteur on the convention against budhist muslims disguising themselves as christians

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Re: diaper lover  
Posted by jackthejew - 06 Jan 2022 08:53

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[Trouble wrote on 06 Jan 2022 02:08:](#)

[StrugglingWithTheUnusual](#) wrote on 06 Jan 2022 00:57:

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I definitely feel that since I've been working on lust issues my ABDL urges have B"H become very rare and it no longer has the attraction it once did. I've also addressed some of the root causes through therapy

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Re: diaper lover

Posted by einanilimili - 04 Jun 2023 04:10

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Hi I'm in my mid 20s married and struggling with ABDL since my childhood

is anyone here that got help on this site with it?

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Re: diaper lover  
Posted by Vehkam - 04 Jun 2023 05:19

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[einanilimili wrote on 04 Jun 2023 04:10:](#)

Hi I'm in my mid 20s married and struggling with ABDL since my childhood  
is anyone here that got help on this site with it?

have you tried any therapy? there are many forms of fetishes. the specifics of each one is generally not so relevant. A qualified sex addiction therapist should be able to help you understand what is going on and how to stop the unhealthy behavior.

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Re: diaper lover  
Posted by einanilimili - 04 Jun 2023 05:32

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No I didn't I just didn't know where to start from  
thanks for the advice  
but I still want to talk to someone that got out of it

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Re: diaper lover  
Posted by Baal Nefesh - 04 Jun 2023 05:54

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I'm in my early 20s I also struggled with it. And bh been making a lot of progress on gye

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