

diaper lover

Posted by davied - 06 Jan 2012 15:17

Hi

I'm 20 and married and I love to where diapers I always dreamed to have them on me but never really got to where them (since I stop to wet the bed) but all way use to steel baby diapers and massterbate in them but never got to have adult diapers

Wean I was in yesheva in dorm I always use to sneak in baby diapers in my room and wear them at night but did not fit me I just won't to fell it and once I even found a all pack of diapers in the garbage next to the dorm at night wean everyone was asleep I headed in the dorm and use to take one and use it for a few nights and them change one

Later on I start to search on the net . . . and started everyday to look at porn.

I always wone to talk to someone abut this but was to shy to tell someone about it I'm looking to stop it and I can't I need help I cand stop it every time I c diapers I have to massterbate I'm secret to have kids like this I don't wone have sipers in my house it will b dangers for me

I told my wife about it and she was not very happy to here it but I promise her to get over it and ill stop loving diapers and stop to search porn but its impossible I need help urgent I can't go like this anymore every time I'm going to the grocery I have to pass the diapers a few times

Its crazy I can't any more I need HELP!!!!!!! Pleas someone HELP ME.....

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Re: diaper lover

Posted by wilnevergiveup - 22 Jun 2021 22:39

[david.e123 wrote on 22 Jun 2021 18:37:](#)

Thanks for the reply, its been great being here the last year or so.

I saw what it says here, but don't see anything that I can see helping for me.

I cannot sit through a hand book of 75 pages (Better said even if its only 10 pages), as well the 12 steps is ain't either for me.

Let me add, anyone that doesn't have this specific fetish cannot relate to this at all **based on my experience**, I actually went to a therapist to discuss and work on this and all he could say was that its inappropriate and i should just try to think about other things when these thoughts

come and that I need to stop thinking about it, which obviously made me stop thinking about it on the spot (Sarcastically spoken). and that was the end of me using him.

all comments and help are welcome, Thanks in Advance.

Wow! That therapist sounds like he was super helpful!

Oh gosh, where is this school for becoming a bad therapist? Although I am not sure about it for a career path, it seems like the market is flooded...

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Re: diaper lover

Posted by Markz - 22 Jun 2021 23:15

[wilnevergiveup wrote on 22 Jun 2021 22:39:](#)

[david.e123 wrote on 22 Jun 2021 18:37:](#)

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Wow! That therapist sounds like he was super helpful!

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Yeah.

LCSW - Licensed comedian said what??

Sorry for the rant - I'm just dealing with a marriage counselor who's part of the flood :-((she was not suggested by 'Relief'...)

We should call FEMA - maybe they can help???

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Re: diaper lover

Posted by david.e123 - 23 Jun 2021 00:53

I believe he was more of a mentor which didn't know what he was doing.

He claims he took some course.

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Re: diaper lover

Posted by david.e123 - 23 Jun 2021 00:55

I have been to at least 5 of these clowns and each one seemed like they knew less then the one before.

I believe **relief** does some research before recommending anyone.

I didnt know of relief till recently.

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Re: diaper lover

Posted by wilnevergiveup - 23 Jun 2021 04:43

[david.e123 wrote on 23 Jun 2021 00:55:](#)

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Might be worth looking into.

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Re: diaper lover

Posted by david.e123 - 23 Jun 2021 15:57

Yup, I sure did.

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Re: diaper lover

Posted by Yoina mutzhoo - 23 Jun 2021 17:43

David,

i feel very sorry for your experience with the therapist.

as you took the courage to reach out and share some very vulnerable parts of you and you where basically dismissed. it's very sad.

As far i understand from you it was not a professional licensed therapist. correct me if i'm wrong with that.

?Also even licensed professional therapist can get stuck with ABDL. as it is not a common subject, it is not in the DSM, and most people are not aware that it exist.

It is expected from a professional to say: "hey, i understand your frustration around your struggle, but it is not a subject that i have experience with. i will help you find one that can help you"... instead of just dismissing it.

Also, there are 2 basic types of therapies, therapist.

1) Solution focused. therapist who deal with "disorders". so, they have to find out the correct disorder, name it, and work with the disorder. and they will use approaches that focus on resolving the crisis around the disorder. like CBT, ACT.

?2) Humanistic focused. therapist who focus on the individual as a human being. as a complex emotional creature. their work is to help the person build themselves, so they can have excess to the true self.

Seams like the therapist you went was from the number 1 type.

I would suggest you to look for a therapist that is more humanistic, accepting, and is comfortable with fetishes.

Calling Relief resources would be the best option.

Enjoy.

Yoina'la

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Re: diaper lover

Posted by david.e123 - 23 Jun 2021 19:03

Some basic ???? that thought he knew what he was doing, even someone that may seem like a licensed therapist may have trouble understanding this.

bottom line is that this topic is shoved under the rug cause its considered a embarrassing topic which it shouldn't be and this needs to be addressed as well just like any other Fetish or Porn addiction.

I for myself am dealing with it alone for a while with no emotional support from anywhere, what therapy did teach me is to accept and not try to run away from it which that itself helped me get passed being embarrassed of it.

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Re: diaper lover

Posted by StrugglingWithTheUnusual - 27 Jun 2021 06:14

I struggle with this too.

I'm surprised to see that there's someone else out there who struggles with it too AND cares to want to stop it.

This lonely unusual struggle has bothered me, making me feel that I'm a freak in the frum realm of working on my taivos, because I'm so different and no one could possibly relate.

All I've seen so far of others who have this interest has been goyim online who are very proud of their diaper fetish.

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Re: diaper lover

Posted by excellence - 27 Jun 2021 06:34

Dear Tzadikim, Please be in touch with Menachem, Looks like he may have done some research into this subject. He tried opening this

thread: guardyoureyes.com/forum/5-Announcements/352169-Anyone-struggling-with-ABDL

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Re: diaper lover

Posted by david.e123 - 27 Jun 2021 18:53

Hi,

First of all welcome Aboard,

To be very Honest i used to feel the same way as you and was always ashamed and thought that i was the only person on the Jewish planet that was struggling with this, but as time went on i realized that every person has their package full of stuff to deal with and that I'm sure there are many that struggle with this, but aren't sharing it due to the fact that they feel very ashamed and are scared people will say or think that they are retarded or weird, But this is not the case my friend.

Lots of luck here you can reach out to me.

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Re: diaper lover

Posted by jackthejew - 04 Jan 2022 10:08

Same here. I'm just starting on my recovery journey, but know that you're not alone

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Re: diaper lover

Posted by Vehkam - 04 Jan 2022 21:15

I am just starting my journey here but I totally understand where you are coming from. I lived in the fetish world for many years.

it is only a few months since I decided to stop.

There is so much help and so many resources on this website if you are committed to it you will be successful. Don't be discouraged by the fails look at the big picture and keep your eye on

the endgame.

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Re: diaper lover

Posted by StrugglingWithTheUnusual - 05 Jan 2022 03:48

Thanks @Jackthejew and @Vehkam for joining and giving chizuk to our joint fledgling group.

My struggle goes a lot further than diapers.

I only recently (a few months ago) explained everything to my therapist. (I'm a runaway from abusive parents so I developed a struggle with mental health / anxiety issues that I'm simultaneously struggling through so I had a therapist anyway. If your struggle is interfering with your life, it might help to invest in therapy, but I have one for other reasons anyway, so I can't say definitively that any of you should for sure have one. But I digress.)

I don't know if I should be posting the extent of my fantasies here on this thread. I wrote a long explanation to one of the other participants (David.e123 I think) on this thread some months ago when he messaged me through the Private Messaging system.

My struggle therefore may be wildly different than yours, even though it's a diaper thing for all of us in this group. If you think your struggle is also different than a "regular" diaper fetish and wish to know if it's the same as understand my particular struggle, then use the Private Messaging system and I'll send you my whole megillah.

Hopefully we can all get to the stage where we aren't inwardly ashamed of being "weird", and through that we will be able to focus on working on getting better. Just like everyone else with their "normal" taivos.

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