

hoping to prevail

Posted by jew15 - 02 Dec 2011 20:31

Hi everyone

First of all i just want to say that everyone who runs this website is mamash a tzadik.

Secondly... i've been battling these problems for a about year and a half now. I've had a lot of ups and downs. But i'm sure that if we all support each other then we can all win this battle against the YH.

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Re: hoping to prevail

Posted by obormottel - 02 Dec 2011 21:29

Welcome and gut shabbos!

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Re: hoping to prevail

Posted by kidushashem - 03 Dec 2011 22:14

welcome! you've come to *the* place! keep posting and giving/getting chizuk. Soon enough, you'll be a new person.

A year and a half is nothing. You're so lucky you found this so early...

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Re: hoping to prevail

Posted by Pure yid - 04 Dec 2011 00:59

I can say I am also about a year in a half, in a program lol. I struggle with this over 10 years man. Keep it going we will all win bazer Havaya.

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Re: hoping to prevail

Posted by coreyavery - 04 Dec 2011 04:21

hey jew15,

i hope all is going well for you. Consider yourself blessed that you have found a solution! It takes hard work to recovery but I am confident you will recover.

I invite you to check out <http://www.sobernation.com>. Its not specific to alcoholism or any one type of addiction... but more so to recovery in general.

I'm new to this forum and plan to keep coming around.... you never know where you'll find inspiration!

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Re: hoping to prevail

Posted by alexeliezer - 05 Dec 2011 19:33

Welcome Jew15!

Read a lot. Come up with a personalized game plan (as long as it includes strict shmiras eynayim and lots of davening), and fly!

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