

Hi all.....Shalom Aleichem.....

Posted by Snow - 06 Nov 2011 21:03

I am excited to finally be on the GUE forum.

I am sober according to the SA definition for about 7 and a half years. I went to a very strong meeting, had good sponsored, worked the steps, had sponsors and thank G-d.....I got a lot from it. I have not been very active for some time, and maybe if I can find a new sponsor that will help.

I have same sex attraction and have since.....I guess puberty. I always thought that if I'd have sex with a woman it would go away - it didn't. (I was not frum at that time!) Then things got worse & I started therapy when I was 19 to try to get rid of homosexual desires. Thankfully with the internet (I know, that sounds counter-intuitive) MANY recovery resources opened up for guys dealing with homosexuality. Until then, I was very much on my own.

I worked very hard for years to get things more "straight" (in every way) in my head so that I could get married. I was the eternal single & I thought I'd never get married. B"H, I met a great woman & post 40, I got married a few years ago.

Anyway.....I am hoping that coming here I may find two things: a new SA sponsor. Even though I am sober for 7.5 years.....I need a sponsor. Secondly, I hoping that maybe connecting with frum guys who (most, I assume) have not had to deal with homosexual attractions....maybe I will learn some things. And maybe I can offer some chizuk as well - it wasn't easy getting & staying sober but...B"H, I did it. thanks, Snow

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Re: Hi all.....Shalom Aleichem.....

Posted by 1daat - 07 Nov 2011 02:37

Welcome welcome. i'm not sponsor material, but we will all benefit from your years of struggle, experience and success. That after all that time you so humbly ask for a sponsor is a lesson for us all.

Hotzlocho

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Re: Hi all.....Shalom Aleichem.....

Posted by Snow - 07 Nov 2011 12:56

thanks! I realized a typo.....I had good sponsors and I sponsored people. I got a lot out of both.

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Re: Hi all.....Shalom Aleichem.....

Posted by yoni - 07 Nov 2011 13:59

wow, 7 and a half years! i'm very impressed. i only just got to GYE myself, but the community here is really great and supportive.

is there anything in particular you were hoping to learn?

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Re: Hi all.....Shalom Aleichem.....

Posted by Gevura Shebyesod - 07 Nov 2011 14:57

Welcome Snow!

This is a great place, to both give and get Chizuk. I am also in my 40's, married with kids, and SSA. I thought I was the only one until I came here about 6 months ago. Then I discovered that I was not alone, and the mutual sharing and support made it so much easier to recover and grow. You've been working on this for a long time, and I'm sure we can all benefit from what you have learned.

And you will also find so many who do not have SSA, yet understand us and are so caring and supportive. And the truth is that we all have the same struggle, regardless of what kind of pictures we like to look at.

Looking forward to hearing more from you,

Gevura!

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Re: Hi all.....Shalom Aleichem.....
Posted by Snow - 07 Nov 2011 15:14

[yoni wrote on 07 Nov 2011 13:59:](#)

wow, 7 and a half years! i'm very impressed. i only just got to GYE myself, but the community here is really great and supportive.

is there anything in particular you were hoping to learn?

Hi Yoni - thanks for the welcome. I am hoping to connect with other men - those who who are working the 12 steps, and also those who are not. I can always learn from others - that is for sure.

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Re: Hi all.....Shalom Aleichem.....

Posted by gibbor120 - 07 Nov 2011 15:34

WELCOME Snow! Nice to have you with us!

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