

Help! I've fallen (again) .. Brother, help me get out!

Posted by DovInIsrael - 23 Oct 2011 17:17

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yasher koach for reaching out!

thanks!

ever feel like that - you slip, you fall.. and wonder how you got into this mess in the first place?

back, by popular demand: The Mind, Body, and Spirit equation.

More than just another 12-step program (its more like a supplemental launch)

LEARN:

- what triggers you, and how to unplug those triggers.
- why we slip after completing a 12-step program
- recovery and the harmful fumes of a toxic relationship
- where is all that buzzing in your head coming from
- cycles of recovery, and what to do when you are spinning out of control
- why we do dumb stuff - like formally saying Good-bye to "friends" at our favorite p\*rn station/magazine, etc.
- and why you have this sinking feeling that the p\*rn is killing you.. and what to do about it BEFORE it does!

and a bunch of other psycho-techno-mind-baffling power-packed mumbo-jumbo to help clear your brain of the poison.. and fill you up with some more of the good stuff!

WHEN: Tues (12 est, 6 pm Israel - until the US changes their clocks)

TEL: 1-760-569-6000

Access Code: 121318#

Anything else:

Email me - so I can reserve spot for you, and get you the materials ( [dovinisrael@gmail.com](mailto:dovinisrael@gmail.com) )

Anything else, else?

Remember to \*SMILE\* it annoys the Y"H, and gives you the upper hand !!

dov in israel (not to be confused with the original [daily dose of] Dov )

aka. dov.ii

ps. feel free to post to this thread.

Pss. btw - psycho-mumbo-jumbo aside. This is really not a joke, its serious. If you don't believe me, ask Mr C\* - who was recently arrested, convicted and thrown in jail because his sexual misconducts got the best of him!

in this case:

Experience is NOT the best teacher!

OTHER PEOPLE'S experience is the BEST teacher !

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Re: Help! I've fallen (again) .. Brother, help me get out!  
Posted by DovInIsrael - 01 Nov 2011 21:55

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this is a great site with lots of helpful info:

[recoveringintelligence.com/](http://recoveringintelligence.com/)

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