

Help! I've fallen (again) .. Brother, help me get out!

Posted by DovInIsrael - 23 Oct 2011 17:17

yasher koach for reaching out!

thanks!

ever feel like that - you slip, you fall.. and wonder how you got into this mess in the first place?

back, by popular demand: The Mind, Body, and Spirit equation.

More than just another 12-step program (its more like a supplemental launch)

LEARN:

- what triggers you, and how to unplug those triggers.
- why we slip after completing a 12-step program
- recovery and the harmful fumes of a toxic relationship
- where is all that buzzing in your head coming from
- cycles of recovery, and what to do when you are spinning out of control
- why we do dumb stuff - like formally saying Good-bye to "friends" at our favorite p*rn station/magazine, etc.
- and why you have this sinking feeling that the p*rn is killing you.. and what to do about it BEFORE it does!

and a bunch of other psycho-techno-mind-baffling power-packed mumbo-jumbo to help clear your brain of the poison.. and fill you up with some more of the good stuff!

WHEN: Tues (12 est, 6 pm Israel - until the US changes their clocks)

TEL: 1-760-569-6000

Access Code: 121318#

Anything else:

Email me - so I can reserve spot for you, and get you the materials (dovinisrael@gmail.com)

Anything else, else?

Remember to *SMILE* it annoys the Y"H, and gives you the upper hand !!

dov in israel (not to be confused with the original [daily dose of] Dov)

aka. dov.ii

ps. feel free to post to this thread.

Pss. btw - psycho-mumbo-jumbo aside. This is really not a joke, its serious. If you don't believe me, ask Mr C* - who was recently arrested, convicted and thrown in jail because his sexual misconducts got the best of him!

in this case:

Experience is NOT the best teacher!

OTHER PEOPLE'S experience is the BEST teacher !

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by DovInIsrael - 30 Oct 2011 00:24

important

in order to honor the new GYE policy "...we decided to put into immediate effect a new policy that we have been considering for a while. According to the new policy all moderators of GYE phone conferences will have to have at least two years sobriety "

Effective immediately I will no longer be leading the Tues call. Please be in contact with Guard directly eyes.guard@gmail.com to see if there will be a replacement - if not feel free to join up with any of the other groups.

The journey to recovery is one day at a time - BE"H I'll see you again when I reach 2 years!

with love and brachos for your recovery,

dov.ii

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by wishing for the real me - 30 Oct 2011 00:29

How long do you have?

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by DovInIsrael - 30 Oct 2011 13:12

no time.

if this is a good time slot for you - check with Guard who will be leading the group.

Other wise I think Steve is starting a new morning group.

b'hatzlacha

dov.ii

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by wishing for the real me - 30 Oct 2011 14:30

what happened? Maybe it is time you opened a your own thread.

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by wishing for the real me - 30 Oct 2011 14:31

How long did you have?

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by wishing for the real me - 30 Oct 2011 16:30

Did you get my email?

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by DovInIsrael - 30 Oct 2011 18:25

nope - never got your email.

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by wishing for the real me - 30 Oct 2011 18:28

weird, why do I have to check with guard? Can't I just show up?

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by DovInIsrael - 30 Oct 2011 18:55

I am sure you are a big boy - feel free to show up.

I only suggested it - just in case no body is scheduled to fill in for me.

I would not want you to be like Charlie on the MTA - and waiting and waiting

(never mind it was an old camp song)

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by wishing for the real me - 30 Oct 2011 19:21

its ok.

Talk to me. Tell me whats going. Maybe yu shoul make yourself a thread.

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by ZemirosShabbos - 31 Oct 2011 18:02

Dov,

just want to say that i am very very impressed with your honesty and forthrightness.

more power to you

zS

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Re: Help! I've fallen (again) .. Brother, help me get out!
Posted by Yosef Hatzadik - 31 Oct 2011 18:08

Dear friend, **Dov-in-Israel** (You are sooo lucky to be in Eretz Yisroel!)

I follow closely behind **ZemirosShabbos** in greater admiration than before!

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Re: Help! I've fallen (again) .. Brother, help me get out!

Posted by wishing for the real me - 31 Oct 2011 18:12

Come on Dov, talk to us. I want to be your friend if you let me in. I understand, more then you know.

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Re: Help! I've fallen (again) .. Brother, help me get out!

Posted by DovInIsrael - 31 Oct 2011 23:58

are you guys drunk?

i am fine

how are you?

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