

Wishing to Find the Real "ME"

Posted by wishing for the real me - 20 Oct 2011 07:18

Hello, I am wishing to find the real me.

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Re: Wishing to Find the Real "ME"

Posted by gibbor120 - 24 Oct 2011 19:52

[wishing for the real me wrote on 24 Oct 2011 19:49:](#)

You're a senior member and you only have 391. I don't like to share things, I like to remain anonymous and confidential.

Don't do what you "like". Do what is good for you. Doing what you "like" is what got you into this

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Re: Wishing to Find the Real "ME"

Posted by Gevura Shebyesod - 24 Oct 2011 19:58

You can stay anonymous, just don't give away any details that indicate your name, where you live etc.

I think the levels go something like this:

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Re: Wishing to Find the Real "ME"

Posted by wishing for the real me - 24 Oct 2011 20:03

cool, I wonder what the boxes stand for. Whats your story? Where is your thread?

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Re: Wishing to Find the Real "ME"

Posted by alexeliezer - 24 Oct 2011 20:18

[wishing for the real me wrote on 24 Oct 2011 19:16:](#)

How did you become a hero member? Where is your thread?

Gevura answered your first question.

You can find my thread here:

www.guardyoureyes.org/forum/index.php?topic=3744.0

(it was hijacked big time, so now I'm a threadless guy who hangs around wherever they let me in).

Member status can be deceiving. You can have a guy with hero status because he made 500 posts, but sometimes it says little about where he's holding in his own recovery and ability to guide. Or a newbie that's a virtual recovery guru.

Don't want to share any of your struggles? I completely understand. You can still get better. Post chizuk on other people's threads. Read through and start working the 12 steps. Take a step. Put one foot in front of the other. Do something new to recover. Cry out to Hashem to help you. Add your own tefilla to every shmona esrei (if you daven regularly). In the end, only He can help you. But He can. Really.

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Re: Wishing to Find the Real "ME"

Posted by Gevura Shebyesod - 24 Oct 2011 20:20

My whole story is here: <http://www.guardyoureyes.org/forum/index.php?topic=4125.0>

It's a pretty long read, I really "puked out" 30 years worth of "deep dark", but hitting the "post" button after writing that all out was one of the best moments of my life, I felt like a huge weight fell off my back.

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Re: Wishing to Find the Real "ME"

Posted by wishing for the real me - 24 Oct 2011 20:24

Why don't you start a new thread? I'll read both your threads.

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Re: Wishing to Find the Real "ME"

Posted by tehylimzugger - 25 Oct 2011 00:41

[quote="Gevura ShebYesod" link=topic=4620.msg122413#msg122413 date=1319486309]

You can stay anonymous, just don't give away any details that indicate your name, where you live etc.

I think the levels go something like this:

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Re: Wishing to Find the Real "ME"

Posted by wishing for the real me - 25 Oct 2011 00:54

whenever you want.

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Re: Wishing to Find the Real "ME"

Posted by wishing for the real me - 25 Oct 2011 02:58

Who wants to hear my story?

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Re: Wishing to Find the Real "ME"

Posted by Gevura Shebyesod - 25 Oct 2011 03:18

We are all ready to listen, if you are willing to tell it. The more we know, the better we can advise and help you.

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Re: Wishing to Find the Real "ME"

Posted by wishing for the real me - 25 Oct 2011 05:09

I read your story and so related. No friends, was abused physically, emotionally, and sexually by my classmates. Much younger then you. Attraction to both sexes. No one to talk to. Rather have who to talk to, but they don't help, so what is the point? If you know of a doer let me know. Someone that doesn't just listen, but actually does. I have turned into an abuser, scared of who I have become. Seeking a change.

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Re: Wishing to Find the Real "ME"

Posted by DovInIsrael - 25 Oct 2011 08:59

@me -

yup - i understand. its a scary place to be when realizes they have changed and become the abuser.

i often wondered where they fairness is...one who abuses can find sanity through various groups including 12-steps, etc. but what about the abusee - where is the fairness, what do they gain... how do they move forward.

here is what I came up with.. (under the influence of LSD - LOTS of SIYATA D'SHAYMA)

as an abuser, we've crossed over a line. perhaps one can argue what ever was supposed to happen was going to happen anyway...may true.. BUT we DID NOT have to be the shlaliach to make it happen as the abuser. This is something we need to live with our whole life. It eats away at us, and destroys us - best we can do is to stop the destructive thought process, work on ourself, strive for a life closer to Hashem, and a life of sobriety.

the abusee on the other hand also suffered a trauma - BUT has been given the Divine ability to FORGIVE!! and thus rise up to an even higher level.

If we have been an abusee as well as abuser - we also have the ability to FORGIVE! and to ask for forgiveness when doing so will not hurt or harm another

dov.ii

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Re: Wishing to Find the Real "ME"

Posted by wishing for the real me - 25 Oct 2011 15:46

Whatever. Did you get my email?

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Re: Wishing to Find the Real "ME"

Posted by tehillimzugger - 25 Oct 2011 15:54

wishing: did you read the handbooks?

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