

New to the site- when is it an addiction?

Posted by Sagewannabe3 - 03 Aug 2011 02:03

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Firstly,

I'd like to introduce myself to the group. I never really considered myself as having much of an issue, although I think that mght be completely subjective (as I mention below) I REALLY hope that through this forum, group and with Hashem's help I'll get rid of these bad habits!

I've visited this site numerous times and find it very helpful. I had a couple of thoughts/questions I wanted to throw out there.

I didn't grow up all that religious so I had exposed myself to a lot prior to becoming frum. What's considered a fall? Is it completely subjective? For one person his struggle might be a daily struggle of shmiras habris while for someone else it might be a once a week struggle of shmiras anayim on the street?

Are those both considered struggles? Are they just equal but different?

At what point does a person say, "I have a real addiction that I need to address"? or "I'm a healthy man with a yezter hara and of course my yezter hara wants to me to look around when I'm walking in the hot summer, but perhaps its not an addiction"? Just some thoughts I wanted to share and throw out... Perhaps you have some ideas to share.

Also, what is the goal with this behavior? To get rid of the habits? Or get rid of the desire? e.g. - if someone is "successful" on this site - do they no longer have daily struggles? or are their daily struggles the same, but they just dont fall prey?

Thanks to all, and wish me luck!

Sagewannabe3

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Re: New to the site- when is it an addiction?

Posted by obormottel - 17 Aug 2011 23:03

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[gibbor120 wrote on 17 Aug 2011 19:29:](#)

just referencing Chevrayo Kadisho of the Baal Shem Tov's students ;D (that's how they called themselves);

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The chevra kadisho prepares people to return to the dust. We try and pull people out of it

but now I know which shevet you stemm from