

Checking in !

Posted by kvetched - 16 Jun 2011 20:39

Shalom and Hello,

Just ended a six month clean run after the "week from hell" (divorce and big job promotion) the whole six months wiped out ! lam now about to rebuild.....out of bricks this time, not straw !

Kvetched.

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Re: Checking in !

Posted by mechazek - 16 Jun 2011 20:46

Hi kvetched I am so glad that you are not kvetchy about your fall.6 months wow amazing accomplishment.Such an experience,is a breakthrough performance.I am so excited that I joined the forum to be able to meet people like you.

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Re: Checking in !

Posted by kvetched - 16 Jun 2011 20:53

Why thankyou Mechazek,

Iam not feeling too good about myself at present. The "double whammy" was a shock and I took a knock. However lam fighting back. I have joined this site and am reading a shed load of books too !!! There is always hope!

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Re: Checking in !

Posted by ur-a-jew - 16 Jun 2011 21:04

[kvetched wrote on 16 Jun 2011 20:39:](#)

the whole six months wiped out ! I am now about to rebuild.....out of bricks this time, not straw !

Welcome Kvetched.

At a siyum we say ??? ????? ??? ????? ??? ????? ???????? ??? ??? ????? ????? ?????? ???

The question is asked, what does this mean ??? ?????? ???, don't they work and get paid? The answer is that if someone builds a house and if when he comes to get paid, the house falls down he won't get paid, even though he put in a huge amount of effort to put it up. With learning torah (and other ruchnays matters) it's different. You can work through a sugya, prepare a whole shuir based on it. Someone then asks a question that destroys the whole chiddush, you still get schar because it's the ????? the effort for which one gets rewarded, even if it produces no results.

The same is true here. For six months you kept clean you will get schar for that and that can never be "wiped out." It's the constant working on ourselves that's the key. Regardless of whether we ultimately succeed. Indeed, the "effort" for you now is to get up and keep on working, despite the fall.

Hatzlacha. You've come to the right place.

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Re: Checking in !

Posted by kvetched - 16 Jun 2011 21:10

Bless you Ur-A-Jew, that was a lovely thing to say and has already got me resolved to work at this !

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Re: Checking in !

Posted by kvetched - 18 Jun 2011 18:08

Hello/shalom, feeling good today. My world almost collapsed due to this addiction. I have learnt something.

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Re: Checking in !

Posted by mechazek - 18 Jun 2011 19:29

glad to hear your feeling better.It is so crazy that when we are in the throes of lusting we are obsessively thinking about it and we have no life what so ever.but still when we see that trigger it causes that automatic chemical reaction that makes us thing we are finished and just must give in,it has to be like that otherwise we never would of had that thought or looked at that site or felt that feeling of desire.

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Re: Checking in !

Posted by kvetched - 19 Jun 2011 08:47

That is so right Mecha, I know that the trigger is stress and I know that when the stress builds I have to be up front and face it...AND RESIST IT !

Your'e a nice bloke Mecha !

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Re: Checking in !

Posted by alexeliezer - 19 Jun 2011 16:58

Welcome Reb Kveched!

Thanks for sharing your positive attitude with us. Divorce is certainly a nisayon that shakes a person to the foundation. Sounds like you're building yourself a solid foundation this time around.

Share your progress with us!

Alex

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Re: Checking in !

Posted by Eye.nonymous - 19 Jun 2011 18:56

Good luck.

--Eye.

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Re: Checking in !

Posted by mechazek - 19 Jun 2011 19:54

thank you.what is bloke?it sounds like an word for an englishman.

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Re: Checking in !

Posted by kvetched - 20 Jun 2011 04:58

It is indeed Mecha, it means "genuine male" !

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Re: Checking in !

Posted by mechazek - 21 Jun 2011 11:23

oh thanks.Why is it that stress will cause me to lust?

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Re: Checking in !

Posted by ontheedgeman - 21 Jun 2011 13:01

any background? what kind of addiction are you facing?

keep up the healthy attitude. and remember the value of humility.

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Re: Checking in !

Posted by Eye.nonymous - 21 Jun 2011 18:35

[mechazek wrote on 21 Jun 2011 11:23:](#)

oh thanks.Why is it that stress will cause me to lust?

Because stress, when it builds up, is pain. Lust is a pain-killer. It's an escape, too.

--Eye.

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