

Hello!

Posted by BrotherMarkinter - 25 May 2011 13:29

Hi everyone!

I am new to guardyoureyes.org but a friend recommended me to this site and here I am already posting in the forum.

I just don't like feeling alone in this fight....I wish to honor G-d with, not only my mind, but my body as well.

I am also new to following the Torah as well....and this is a big step in my life. Any sort of help and encouragement would be appreciated greatly!

Mark

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Re: Hello!

Posted by Eye.nonymous - 09 Jun 2011 06:29

[BrotherMarkinter wrote on 08 Jun 2011 22:08:](#)

Eye.nonymous: which specifics do you want me to talk about? What is the hardest part of this for me or just a generality?

In what ways to you act out (not too many details, but enough to get an idea). Is it just internet p*rn, m*st, night-clubs, etc. How long has this been a struggle for you? When did you first start,

and what drove you to it? Even now, what tends to be the background to acting out--your boss yells at you and within the next day you're surfing the web for stuff? You have a disagreement with your wife and then find your mind going on an obsessive journey down the wrong path. Etc. And, why do you want to stop?

That sort of stuff, I find, is very helpful.

--Eye.

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