

brand new here...

Posted by regularbachur - 04 May 2011 18:52

Hey everyone! I feel like everyone on this site is my new family! I came across this site completely by mistake a couple weeks ago, and just yesterday gathered up the courage to register and get a little involved. Lemme back up a little bit. I'm a 22 yr old yeshiva bachur, went to and still go to top mainstream yeshivas. I've struggled with masturbation for many years, I think since 9th grade. In high school, there was never really any available internet for me, so I got my hands on a magazine here and there, but the porn aspect wasn't TOO bad. Once I left high school, I went away to yeshiva, and in Eretz Yisrael, I grew tremendously in my spirituality. The masturbation, however, for the most part continued. Granted, I was angry at myself for it, and there were times that I fought, sometimes being successful for a few weeks at a time, but ultimately always fell again. And once you fall, it's back to square one. The porn also got worse, because I discovered my grandmother has unfiltered internet, so I went over often during bein hazmanim to "do work." I went back to E"Y for yeshiva, and got another short streak or two, but continued. I recently came back to america for yeshiva, to start dating, and for a while it was good. I told myself I can't masturbate while I'm dating, it'll kill my marriage. After I broke up with the first girl, which went for a while, I fell like I hadn't fallen in a long time. I had a phone with internet, enough said. I've been very down the last few weeks, telling myself I'm not good enough to get married if I can't control myself-meanwhile, I really really wanna get married! With complete siyata dishmaya, I came across this site a week or two ago. I ignored it, as it just made me feel guilty. As it happens, a few days ago, I randomly walked into a seforim store and they were playing a shiur from R' yosef viener about internet addiction. I got inspired and said, that's it I must stop masturbating! Yesterday I was completely clean. Today is day #2! I'm really hoping I'm done, once and for all!

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Re: brand new here...

Posted by ben durdayah - 09 May 2011 20:34

[regularbachur wrote on 09 May 2011 20:26:](#)

I'm the last guy to judge, but still, seeing her like that messes with **my** head.

Exactly. (Emphasis Mine)

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Re: brand new here...
Posted by Serene smile - 09 May 2011 21:53

U ever saw ch 27 in Tanya? "You struggle in war w/the yetzer for 'foreign passions?..Perhaps this is why you were created, to always have this issue, and give Hashem the greatest nachas possible by not giving in to these passions; even more than any other praise ever can!" Just see it, ch.27. Right in the middle. I'm BH sober a few years and still see the great beauty in ladies. BH it's not a 'depressing struggle' because I've built up so much other good besides that aspect of my life. A yid was created to always need another yid, and to always need Hashem. Aint nothing wrong with that, at all. Secularism sells a 'good fun easy life of smiles'. Judaism is about real life (which can also be with a real smile for doing 'real' things with purpose in our time)

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Re: brand new here...
Posted by luuustig - 09 May 2011 22:58

Your words are so true like we said on the call. When we think we know how our avoda should look then we are blocking hashem from entering our lives. Without hashem were left with our own thought process. Yikes!!! thats what got us into this mess. Our gaava, thinking that we know our tafkid in this world and we've got it all figured out, is what pumps the hot air into the baloon, which can eventually pop, rachmona litzlon.

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Re: brand new here...
Posted by pinokio - 10 May 2011 16:22

there he goes again, serene smile with the tanya

man, i love these guys!

*no, tzaddik, you love them because of who they are, not what they do, **and**because we are all in the same boat, looking for freedom from the shackles of fear and defiance, to serve Hashem the*

way that she wants....

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Re: brand new here...
Posted by alexeliezer - 10 May 2011 17:32

I didn't mean to pass judgement on "the person within" trigger #2. My approach is that she is there to test me and give me an opportunity to demonstrate my allegiance. And, I'm just not going to look at her at all cuz I can't deal with how that glance would affect me. So, since she's now off the radar, I don't need to dwell on what kind of person she is.

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Re: brand new here...
Posted by Serene smile - 10 May 2011 17:37

At work, An attractive, very modestly dressed frum girl asked me for my pushka to put \$ into. (Everyone knows I keep one on my desk)She put the coins, smiled then walked away...Of course this means she wants me, right!? I mean, what else could that possibly mean!?!..Oy vey... Hashem please keep helping me! :-) what a kook my brain can be sometimes. Ok, so now I'll mention gemora too. "Give me friends or give me death".. (Ta'anis) BH we can share stories like this here..

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Re: brand new here...
Posted by laagvokeles - 10 May 2011 18:32

its not nice what she did

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Re: brand new here...
Posted by Serene smile - 10 May 2011 18:38

Maybe, maybe not. But until Mashiach comes, things like that aint EVER gonna stop. 'Life on life's terms' .. Who knows, maybe I'm askin for it by having the pushka...

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Re: brand new here...
Posted by laagvokeles - 10 May 2011 18:43

oh come on

you are a ???? ???? ?

and she even if she didnt mean no harm, her behaviour wasnt aproprate ?? ???? ??

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Re: brand new here...
Posted by ben durdayah - 10 May 2011 18:52

[laagvokeles wrote on 10 May 2011 18:32:](#)

its not nice what she did

I don't mean to sound stupid but what wasn't nice about what she did?

Am I missing something?

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Re: brand new here...
Posted by laagvokeles - 10 May 2011 19:01

its a regesh thing...

by goim this dosnt mean nothing.

by yyiden that its clear that there is supoused to be a distance, and she cant ask from SS when he goes to do him self a coffe "would you do me one too?" to ask for his pushka is really not the same as the coffe but mmmm not 100 % ok

and you see that SS thinks that he is hansome now.... ;D

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Re: brand new here...
Posted by regularbachur - 10 May 2011 19:20

Alexeliezer, I agree that you have to immediately look away. It's nothing but a test. A trigger #1 is what you must be able to "be able to handle" on a regular basis.

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Re: brand new here...
Posted by ben durdayah - 10 May 2011 19:34

[laagvokeles wrote on 10 May 2011 19:01:](#)

to ask for his pushka is really not the same as the coffe but mmmm not 100 % ok

and you see that SS thinks that he is handsome now.... ;D

See, that's the problem here...

First of all, if someone wants to give tzedakah at the workplace and they ask politely with no innuendo whatsoever -how can **she** be faulted? Because **your** mind is messed up?

If so there are two options:

A. Be honest and post a sign near your desk as follows:

WARNING!!!

ATTENTION ALL FEMALES!

SEXAHOLIC AT WORK!!! DO NOT APPROACH DESK!!!

[size=24pt]VIOLATORS SUBJECT TO VILIFICATION!!

B. Get a job in a woman free environment or starve to death.

It really **does** take a screwball like laag to understand what this person did wrong.

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Re: brand new here...

Posted by laagvokeles - 10 May 2011 19:40

ebd you speacking nonsense... you lost completly the jewish regesh and hashkafa how a woman is supoused to behave.

i didnt say she is a prostitute, i said its not nice what she did, but i agree that in a very modern enviroment or goish enviroment, she did just fine, but in a regular jewish frum place i think that there is ??? ????? in what she did (you know how it goes smile here smile there.... it stinks)

but i agree with u that its not the end of the world cause she didnt ask him a coffee

(sorry i dont know how to make big letters, i try the small ones should say it all)

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