

brand new here...

Posted by regularbachur - 04 May 2011 18:52

Hey everyone! I feel like everyone on this site is my new family! I came across this site completely by mistake a couple weeks ago, and just yesterday gathered up the courage to register and get a little involved. Lemme back up a little bit. I'm a 22 yr old yeshiva bachur, went to and still go to top mainstream yeshivas. I've struggled with masturbation for many years, I think since 9th grade. In high school, there was never really any available internet for me, so I got my hands on a magazine here and there, but the porn aspect wasn't TOO bad. Once I left high school, I went away to yeshiva, and in Eretz Yisrael, I grew tremendously in my spirituality. The masturbation, however, for the most part continued. Granted, I was angry at myself for it, and there were times that I fought, sometimes being successful for a few weeks at a time, but ultimately always fell again. And once you fall, it's back to square one. The porn also got worse, because I discovered my grandmother has unfiltered internet, so I went over often during bein hazmanim to "do work." I went back to E"Y for yeshiva, and got another short streak or two, but continued. I recently came back to america for yeshiva, to start dating, and for a while it was good. I told myself I can't masturbate while I'm dating, it'll kill my marriage. After I broke up with the first girl, which went for a while, I felt like I hadn't fallen in a long time. I had a phone with internet, enough said. I've been very down the last few weeks, telling myself I'm not good enough to get married if I can't control myself-meanwhile, I really really wanna get married! With complete siyata dishmaya, I came across this site a week or two ago. I ignored it, as it just made me feel guilty. As it happens, a few days ago, I randomly walked into a seforim store and they were playing a shiur from R' yosef viener about internet addiction. I got inspired and said, that's it I must stop masturbating! Yesterday I was completely clean. Today is day #2! I'm really hoping I'm done, once and for all!

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Re: brand new here...

Posted by regularbachur - 05 May 2011 18:27

Umm, reb yid, mazel tov? I haven't met her yet! :-) Although mazel tov really just means you should have mazel, so I guess either way, I can use the mazel... Don't know if that's what you meant though.

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Re: brand new here...

Posted by heuni memass - 05 May 2011 18:30

regularbachur-

What ever you do keep us posted. to many guys (huhum.. look at my first post)leave because they feel they got it and they feel great. It doesn't end that quick. Even though i hope for you it does.

So keep on letting us know how its going. dont forget about us here.

My friend may it be bMazel tov!

--hm

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Re: brand new here...

Posted by Kedusha - 05 May 2011 18:32

He just meant everything should be b'Hatzlacha.

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Re: brand new here...

Posted by regularbachur - 05 May 2011 18:35

Kedusha, I couldn't have put it better myself. That's why I've been feeling so good about myself these last few days. I'm doing what I should be, and not having to hide anything. I'm generally a very confident person, but when it comes to self confidence in these matters, I obviously didn't really have it, because 90 percent of the time, I was powerless to do anything. The new self confidence that I now feel, not as a person, or even as a frum jew, but rather as a CLEAN frum jew, is what makes me feel so much better about the sometimes overwhelming concept of starting a relationship with someone.

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Re: brand new here...

Posted by regularbachur - 05 May 2011 18:37

HM, thanks for your good wishes, and for your advice. I don't plan on going anywhere. Just being on this site gives me strength to fight. And yes, I hope it does go that quick.

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Re: brand new here...

Posted by heuni memass - 05 May 2011 18:39

Dating can (hopefully wont) get stressful. stress is our biggest enemy. So be aware.

just keep on trucking.

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Re: brand new here...

Posted by regularbachur - 05 May 2011 18:59

HM, trucking is what I do best! :-)

Btw, a little announcement for those who have been following this thread. You may have noticed that I conveniently have been ignoring what everyone's been saying about getting rid of the internet on my phone. Reason is, I've been thinking A LOT about it over the last day or two. I don't have internet at home, and what I said about my grandmother's computer was years ago- I don't go over there anymore. Truth is, my phone's the final frontier. If I have the guts to get rid of it, it will make the fight that much easier. (filter is not an option) At the same time, (this is the YH talking-im aware of that) look how much good has come from the internet on my phone...i got involved on this site! In fact, all of my posting, including this one right now, has been from my phone- all I've used my phone for in the last three days is this site and my email. SO- I have decided to get rid of it. I have a data plan which, through regular usage, should be used up in a matter of a couple of days. When the \$ left in the account has been used up, which should be within a week, I will delete the browser or call the company or whatever. In the meantime, over these next few days, I will continue to use this site, and maybe i'll even give updates as to how much money is left (countdown till I get rid of the internet). Truth is, I realize that getting rid of it means much much less access to this site, barring a shlep to the library once in a while. So it's bittersweet, cuz ill lose the internet for good, but i'll lose all you guys too! But it's worth the

tradeoff. (sorry, guys!)

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Re: brand new here...

Posted by Yosef Hatzadik - 05 May 2011 19:28

You might want to ask (via PM) some of those guys here who's style you feel 'clicks' with you, to give you their phone numbers. (You can set up a Google Voice number before your internet connection is stopped. www.google.com/voice)

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Re: brand new here...

Posted by regularbachur - 05 May 2011 19:45

YH - I don't know if you read all of my earlier posts, but I'm kinda against the phone thing. I feel really uncomfortable talking about these things-even first posting on this site has been difficult (but has gotten much easier). Thing is, on my phone, I can send and receive email without logging onto the web. So I can still be in touch with anyone who is interested via email.

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Re: brand new here...

Posted by Yosef Hatzadik - 05 May 2011 19:55

[regularbachur wrote on 05 May 2011 19:45:](#)

YH - I don't know if you read all of my earlier posts,

I apologize.

Even if i did, I have a hard time remembering every detail which every member wrote.
(Especially before we built up a personal connection...)

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Re: brand new here...

Posted by heuni memass - 05 May 2011 20:00

Sorry for ease dropping but YH- so how do u know when elevators were invented - did u have a personal connection?

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Re: brand new here...

Posted by Reb Yid - 05 May 2011 21:31

Number One - I am not a Rishon. Please, for your sake, don't analyze everything I say.

Number Two - I meant Mazel Tov and congratulations on the wedding! It was a poor attempt at humor. Not the first time either.

Number Three - Now to the serious stuff. You said filter is not an option. I am not familiar with your particular phone. Did you mean it can't be done, or that it wouldn't work? You also said you don't have internet at home. I AM NOT SUGGESTING YOU GET IT!!! However, if you felt, after a few weeks of not having the access to the internet and this site, that you were falling, it could be maybe efshar shayich that it wouldn't be too terrible to get a white list internet connection for the house such as Yeshivanet. That's what I did, and I now only have access to this wonderful site, my bank, and some other innocent and legitimately kosher things.

Just a thought.

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Re: brand new here...

Posted by regularbachur - 05 May 2011 23:35

Reb Yid, I knew it was a joke - I'm just messing right back! Keep up the lame humor!! About the filter, I don't think it can work on my phone and to be honest, if I have the resolve to get rid of it completely, why not?? I don't need it. And internet in my house isn't an option. My family is very anti internet (G-D bless 'em!). However, I do plan on occasionally trying to get access, maybe in the library, cuz it's so public, to login to stay connected.

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Re: brand new here...

Posted by Reb Yid - 06 May 2011 18:06

If you'd like to, there is a way to delete the browser but keep up your email account. I don't know anything about it. But if that would work for you, then you can continue to be in touch with the guys via email straight from your phone, without having to actually speak to anyone. If you are interested, you can ask around the site for guys who wouldn't mind giving you their email address. I would be happy to, if you send me a private message. It would be my pleasure!!

Hatzlocha!!

(And please get in touch with us before the bris!!!)

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