

Want to use Chassidus

Posted by trying23 - 27 Mar 2025 21:29

I'm making this thread for people like myself who learned chassidus and want to use it to help, you can tell me why it doesn't but as you'll see in my post I won't listen...

As a lubavitcher I always connected what I learned in Chassidus with my struggle and it seemed that nothing fully helped, so some might say that it doesn't work and others might say that for me (who may be a addict) it won't work.

I don't like either approach, rather I think I may need help applying it Better or other techniques, I would very much like to do this and was wondering if anyone has input to share.

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Re: Want to use Chassidus

Posted by trying23 - 09 Jun 2025 04:15

[trying23 wrote on 21 May 2025 19:35:](#)

I'm thinking to start a conference call to discuss Tanya and share about our struggle, please pm me if you would like to join

Reminder if you want to join for this Tuesday night pm me

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Re: Want to use Chassidus

Posted by trying23 - 13 Jun 2025 04:05

Today's Hayom Yom is extremely powerful and applicable so I'll post it here.

The early sages, who were like angels (may their merit protect us) have already determined that the healing of the soul is like the healing of the body: The crucial first step is to identify the location of the illness, whether it is caused by the crassness, grossness and corruption of his physical body or by a failing in his soul-powers, the person being inclined to undesirable traits like arrogance or falsehood and the like. Or, the source of the malady may be habit - inadequate

rearing or unwholesome environment having brought on bad habits. Without ascertaining the specific site of the illness and the cause of infection, it is impossible to embark on a cure. One can only prescribe an orderly proper conduct in all matters, what to do and what to avoid. To "do good" in terms of observing mitzvot, designating times for Torah-study and acquiring good character traits - and also to "turn away from evil." Most urgent of all, however, is that the patient make himself aware of two things: a) to know that he is ill, and desire most fervently to be cured of his malady; b) to know that he can be cured, with hope and absolute trust that, with G?d's help, he will indeed be cured of his sickness.

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Re: Want to use Chassidus

Posted by goal2beabainoini - 18 Jul 2025 06:31

I wasn't talking about haskallah in chassidus which can be harder to relate to, but the basic Tanya (not all prokim) is very applicable in this area

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I found ??????? ?????? ????? ?? to be very helpful

it teaches about the **yh tricks** and why they are **utterly foolishness**

And it was **written specifically for bochurim** (although if you haven't learned it yet it's great for all ages)

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Re: Want to use Chassidus

Posted by trying23 - 18 Jul 2025 14:26

I learned it in shiur beis Mesivta and I remember enjoying but I can't say I remember much of it at this point

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Re: Want to use Chassidus

Posted by goal2beabainoini - 18 Jul 2025 20:51

I learnt it in shiur alef but recently I learnt it again with a amazing chassid

and now I'm learning a second time with him

I definitely recommend learning it again

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Re: Want to use Chassidus

Posted by staypure - 05 Aug 2025 22:32

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Re: Want to use Chassidus

Posted by yitzchokm - 05 Aug 2025 23:58

[staypure wrote on 05 Aug 2025 22:32:](#)

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Re: Want to use Chassidus

Posted by trying23 - 06 Aug 2025 01:27

[yitzchokm wrote on 05 Aug 2025 23:58:](#)

[staypure wrote on 05 Aug 2025 22:32:](#)

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I don't know if you're posting as a contradiction or as a warning,

the way I understood the quote from the Meor einaim was that its there to help in the future with having a ahavah towards hashem not to play with at the moment.

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Re: Want to use Chassidus

Posted by staypure - 06 Aug 2025 01:43

The Moir Eineiyim is referring to a different point, he is referring to the ??? which was ?????? in the person, like when a person is having an Ahavah (love) to something (the same is like with all other midos like Yirah Huskashros..) Hoshem is sending it to him it should be easier from him to use it for Avidas Hoshem, instead of a person who does not have at the moment an Ahavah to anything it's harder to to bring your self to it.

Versus the Tenyah is referring if a person has ?????? he shouldn't be stupid do do something which is not in his ?????.

I hope I explain a little I have attached what he writes before and a little after.

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Re: Want to use Chassidus

Posted by yitzchokm - 06 Aug 2025 02:04

What you wrote in the name of the ????? is what the Tanya is calling ?????, meaning when you have love for ???? you should think about the source of love which is to love Hashem and to elevate your love of ???? to love of Hashem. The Tanya writes that this Avodah only applies to ?????? whose desire for ???? isn't coming from their own level and not to people like us. We should use distraction instead. The idea of ????? is quoted extensively in ????? but the Tanya writes that it doesn't apply to us.

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Re: Want to use Chassidus

Posted by staypure - 06 Aug 2025 02:52

What you wrote in the name of the **???? ?????** is what the Tanya is calling **????? ?????**, meaning when you have love for **????** you should think about the source of love which is to love Hashem and to elevate your love of **????** to love of Hashem. The Tanya writes that this Avodah only applies to **??????** whose desire for **????** isn't coming from their own level and not to people like us. We should use distraction instead. The idea of **????? ?????** is quoted extensively in **???? ??????** but the Tanya writes that it doesn't apply to us.

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Sometimes ?????? ?????? could also come to a person from excitement, in that situation the ???
 ?????? is in a mode of ?????? in that situation it's easier to be ?????? ??? ?????? then when you are
 just in regular routine mood.

Only that he writes that it isn't elevating a ???? to its source as the ???? ????? writes.

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in my experience using feelings of love for sin to serve Hashem cause a person to be more engrossed in love for sin even if he is going to daven with more hislahavus and the Tanya writes the reason for that as quoted above that he can't elevate his love for sin since it is part of his own level.

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Re: Want to use Chassidus
Posted by staypure - 06 Aug 2025 03:53

The ????? ????? in this paragraph I quoted (I specially quoted this one and not from before where he is writing about ????? ??????) is writing about ?????? ?????? which if you are not using right away for ?????? ??? it can lead to ????? ?? ????? like he is writing "??? ????? ??? ????? ?????? ?????? ??? ?????? ?????? ???"

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