cheating Posted by EZN - 17 Apr 2020 04:27

I along with many others in the wolrd are struggling with being motzei zera levatala and i felt that there are many others who dont know about gye and and are working through the traditional way of stopping like learning mussar and doing things that will distract themselves from the aveira. I know this might sound a little crazy but i feel like a cheater in a certain way a nd also feel a little different than all my friends who are struggling with this same nisayon.

I feel that this is 90 percent my Yetzer Hara but the other 10 percent is telling me that i am just trying to find an easy way out. I need a little help from the forum. Thanks.

Re: cheating Posted by Heiligetzadik - 17 Apr 2020 05:25

it's very hard to say, nobody knows why hashem picked him to go throw these struggles and hardships.

when we started to struggle, we didn't know much, and when we noticed what's going on, it was a little to late, i learned a lot, but it didn't help me stay sober, but everybody is different, and maybe you will find your help throw learning, try it and see.

i wish you a lot hatzlacha in your recovery

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Re: cheating Posted by moshe1988 - 17 Apr 2020 05:26

Why do you feel like you're cheating?

there is no kutzt in working hard, the kuntz is to work smart.

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Re: cheating Posted by wilnevergiveup - 17 Apr 2020 05:35

Well, does it work?

Is GYE helping?

If yes, then that is all that counts. There is nothing wrong with cheating the Y"H, after all he cheats you all day. In fact the only way to beat him is by cheating, it's the only way we stand a chance.

It doesn't make a difference what what you do, as long as it works.

Keep it up! Stay strong against the Y"H! And if/when the excitement wears off you have to find new ways to cheat!

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Re: cheating Posted by DavidT - 17 Apr 2020 13:31

No one is immune.

? Even the greatest Gedolim have struggled with such thoughts and temptations. Kiddushin 81a-81b regarding R' Amram Chasida, R' Meir, and R' Chiya bar Ashi. Rashi Sanhedrin 31b about Mar Ukvah. Bava Metzia 85a regarding the son of R' Elazar ben R' Shimon.

? Rabbi Yaakov Emden related in Megilas Sefer how he was personally tempted, and barely withstood the test.

? Maamorei Shlomo Ch. 16: The Taz wrote that a person does not have free will with regard to thoughts that enter his mind. Therefore, Chazal teach us that immoral thoughts are one of three

things, that, on a regular basis, a person is not saved from.

? Chiddushei Halev Naso 5:18. A person can feel opposite feelings at the same time: both a feeling of repulsion, and also a feeling of strong attraction. That is because a human is comprised of both an earthly body and and G-dly soul. Therefore, he should not feel distraught if improper thoughts suddenly come to his mind, as such may happen even to a tzaddik and chassid.

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Re: cheating Posted by EZN - 17 Apr 2020 14:51

wow i never looked at it that way thanks a million!!

Re: cheating Posted by Heiligetzadik - 17 Apr 2020 17:10

that is something that is written in all sefurim, that everybody is going throw his own hardships, and when we know this clearly, we have the strength, that we are not ugly bad people, and we have the courage to work on our self

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