

"If you fall" - Descent for the purpose of Ascent

Posted by ColinColin - 01 May 2019 00:49

This is from the Shirat Devorah blog.

If one falls, or if one is close to falling, or has ever fallen, please read.

It is very inspiring.

Descent for the purpose of ascent: in Hebrew this is known as Yerida l'tzorich aliyah

No Pain No Gain

?? - Nes - Miracle?????? - Nisayon - Trial "**All the affairs of the world, whether for the good or for the bad, are trials [nisyonos] for a man**"... [Mesillat Yesharim[b]*/[b] (Path of the Just) Rabbi Moshe Chaim Luzzatto] When a person is destined to reach a level which is much higher than his present rung, it is necessary for him to undergo a descent first. [The Lubavitcher Rebbe] Before a person experiences a miracle - ?? - , he is given a trial - ??????. There is no ascent (*aliyah*) without a prior descent (*yeridah*). The lower the descent, the higher the potential ascent. G-d tries the righteous, for knowing that the righteous will do His will, He desires to make them even more upright, and so He commands them to undertake a test, but He does not try the wicked, who would not obey. Thus all trials in the Torah are for the good of the one being tried. [Nachmanidies, Commentary on the Torah; Genesis, p. 275; Chavel translation;] From here, we learn a number of important points. First, the purpose of a *nisayon* is not to reveal anything new to G-d, but to increase the spiritual reward of the person by bringing forth his or her latent greatness into actual deeds of righteousness. Second, a person is only sent a *nisayon* that he or she has the potential to "pass," provided the person uses his free will properly. Third (and this is implicit in the first point), the *nisayon* is intended for the good of the person—to elevate the person spiritually. *Nes* can also be translated as "banner": The test is meant to "lift a banner" and reveal to the world, and to the person himself, the potential hidden within a human being.

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