

The ability to admit I have sinned!

Posted by ieeyc - 17 Apr 2018 20:02

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## Part I

I heard from a certain Mashgiach Shlita, in the name of Rav Hutner ZTL, from the long list of al cheits the first one is AL CHEIT SHECHATANU LIFANECHA ,BI`O`NES UBIRATZON -ON THE SIN THAT WE SINNED BEFORE YOU UNDER COERSION, AND WILLINGLY. Its understandable to being sorry for sinning willingly, but what does it mean we are sorry for sinning under coersion , its an o`nes ,we were forced ,so why do we have to do Teshuva on such an aveira?

The answer is ,said Rav Hutner ZTL, we convinced ourselves that WE HAD TO DO IT ,WE HAD NO CHOICE, WE COULDN'T HELP OURSELVES. we are/were coerced, o`nes. (until here is Rav Hutner ZTL)

Comes along the vidui and says NO, were admitting that we sinned, but not a sin that consists of an action, but we are admitting that we sinned with a mental attitude by claiming o`nes, by claiming we have no bechira in the matter.

With vidui we are not going to wiggle out of taking responsibility for our actions and going ahead and conveniently blame our upbringing, and other things that people usually blame and excuse themselves, true Hashem may and most probably will look at us with more Mercy and Rachmanes ,the orphaned generation that we are, but after all is said and done we acknowledge we have sinned, we have CHOSEN, maybe in this gilgul, maybe in another gilgul, but we have chosen.

DISCLAIMER: this post is 100% NOT referring to cases of child abuse ,molestation etc.etc. thats a whole different parsha/story, but im referring to people like me who have been shirking responsibility through self pity :

"Oy, i grew up with a tv with terrible things.

Oy, we had newspapers in the house .

Oy, during recess time some kid ran past me and my friends flashing a picture from a dirty magazine that he found.

Oy,in the bungalow colony they showed a movie for the families with an x rated scene,some tzadekis covered the movie projector with something ,but i and others got an eyefull, i was just a kid!

but no, with all this , i **chose** mb, i may not have known what was going to happen , but i know it was something not nice,i may have had a harder time than some sheltered kid, but after everything is said and done,CHATASI, and this cheit snowballed into a good number of years before i had my 11 year clean streak,but i and we have to man up and admit ,we werent **coerced/o`nes** into any sin, if we sinned we take the blame ,and we ask Hashem for forgiveness,and we are mekabel never to make this mistake again,hopefully forever ,but at least for TODAY.

(to be continued ...be`ezras Hashem)

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Re: The ability to admit I have sinned!  
Posted by ieeyc - 25 Apr 2018 03:28

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[Trouble wrote on 25 Apr 2018 02:27:](#)

Seems to me, and direct from a rabbi, that some people have it all wrong. A true Torah marriage is one built on lust, not love.

“Love is a very weak force. It’s comfortable but it’s not a nuclear force. It doesn’t have the power to keep a relationship going.”

What does?

“Deep, unquenchable lust,” says Rabbi Shmuley Boteach, “is what a relationship is supposed to be built on.”

In other words, love may be the bricks that build a marriage but lust is the cement that holds it all together.

“I believe that at the core of marital corrosion and rot is loss of desire,” he says. “It’s the 900-pound gorilla in the room.”

So how can lust be maintained as relationships and people age?

By following the example of how the late Steve Jobs marketed Apple products, says the Rabbi, who admits to having been fascinated by Jobs.

“He didn’t want people to love Apple products. He wanted to people to lust after his products.”

And lust,” he says, “is based on unavailability, mystery and sinfulness. Lust is not necessarily of the flesh and is not determined by age. Jobs could make people lust after a phone! And we are capable of bringing that lust to marriage.”

Jobs did three things to provoke lust, says Rabbi Shmuley. He made people wait for his products (unavailability), he never talked about his products (mystery) and he always positioned Apple as the rebel, the upstart (sinfulness).

Marriage, he says, does the opposite. “It’s about constant availability, absence of mystery and it’s legal! We need to rethink the institution of marriage.”

Rabbi Shmuley has written about how “men make the mistake of thinking that a wife wants primarily to be loved, when in fact she principally wants to be desired...they are primarily looking for lust. A woman wants to be wanted, needs to be needed, desires to be desired.”

Hashem made jealousy, anger, lust, are they bad or good? if its used in the right time its good, if its used in the wrong time its bad, thats all.

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Re: The ability to admit I have sinned!  
Posted by lionking - 25 Apr 2018 03:41

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[Trouble wrote on 25 Apr 2018 02:27:](#)

...

I had a feeling someone would quote the so called Rabbi "sexpert". Why don't you quote from one of his books were he explains exactly why pornography and masturbation are actually beneficial to a marriage?!

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Re: The ability to admit I have sinned!  
Posted by Trouble - 25 Apr 2018 03:54

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[lionking wrote on 25 Apr 2018 03:41:](#)

[Trouble wrote on 25 Apr 2018 02:27:](#)

...

I had a feeling someone would quote the so called Rabbi "sexpert". Why don't you quote from one of his books were he explains exactly why pornography and masturbation are actually beneficial to a marriage?!

Yes!

Isn't that what is being said here? In the bedroom (and beyond), it is all permitted; whether he is thinking about his own pleasures or about hers. Use jealousy, anger and lust, as long as the holy deed gets done.

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Re: The ability to admit I have sinned!  
Posted by lionking - 25 Apr 2018 04:03

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[ieeyc wrote on 25 Apr 2018 03:22:](#)

lion king wrote:

*"You are entitled to disagree with me.*

*Cordnoy never called you a prevert, and he doesn't need to explain when you are using a word not in it's general meaning.*

*I didn't choose to quote what fits my agenda. I just used a cleaner language to express it.*

*For the sake of clarity, I will post it in asterisks.*

***"lust***

*the feeling you get when you see someone and all you want to do is \*\*\*\* the \*\*\*\* out of them."*

*Regarding name calling, I will gladly choose to forget you called me something.*

*Semantics play an important role in language.*

*Tell me if you understand a difference between the following two sentences:*

*He desired her.*

*He lusted after her."*

you **missed** the point, youre **missing** the point,i think you **will miss** the point,discussion over.  
sorry for calling you holy even though im sure you are , but you really making yourself like you  
know it all , when ignorance was staring you in the face ,you made yourself like the posek

acharon :this is what most people mean,who said,you?!

and cordnoy said Holy Jews who are married who engage in lust,(my definition-read it again)are perverts,thats all , im sorry ,but shame on him.

Ok I agree. I will definitely continue to miss the point as long as we are talking about two different things.

For the record, Why don't you poll random people and ask them to define lust?

I agree entirely that enjoyment and pleasure is a part of the Mitzva of Onah. What is brought down in Siman 240 regarding ????? ?? is already discussed in the poskim as not relevant to us. There is also a concept of desire. ?? ????? ??????.

Lust when used in marriage is what the Ramban discusses in Parshas Kedoishim regarding being a ??? ?????? ??????.

Regarding your question about Hashem creating it and it being used for good or bad. The gemora discusses how the Chachamim wanted to abolish the Yetzer of Znus, however the world wouldn't have a future. Lust can be used for good purposes but I don't think in Marriage. If you look back at my first post, I wrote usually sexual in nature. Lust is an extreme form of desire, an insatiable thirst. It doesn't have to be sexual. Dovid Hamelech writes ?? ??? ?? ??????, ??? ?????? ??. etc...

By the way, Have you ever seen the Steipler's letter regarding intimacy? I will try to post it when I can.

Also, Can I please ask you a favor not to delete entire threads?

I can agree to disagree on language usage and end this discussion.

Hatzlocha Rabba

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Re: The ability to admit I have sinned!

Posted by ieeyc - 25 Apr 2018 04:33

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lion king wrote:

*"Also, Can I please ask you a favor not to delete entire threads?"*

i didnt delete it, it must of been one of the moderators,administraters,or whoever,good night.

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Re: The ability to admit I have sinned!

Posted by lionking - 25 Apr 2018 04:41

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[ieeyc wrote on 25 Apr 2018 04:33:](#)

lion king wrote:

*"Also, Can I please ask you a favor not to delete entire threads?"*

i didnt delete it, it must of been one of the moderators,administraters,or whoever,good night.

Sorry for being you ??????. May you be zoche to achieve true menuchas hanefesh.

Good Night, Sleep well! I'm also going to sign off and lein Krias Shma now.

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Re: The ability to admit I have sinned!

Posted by GrowStrong - 25 Apr 2018 15:10

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Whats the point of this thread?

Is it going to stop you from masturbating?

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Re: The ability to admit I have sinned!

Posted by ieeyc - 25 Apr 2018 16:17

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if you read the whole thread,youll find your answer.the parts that there is a disagreement is my mistake it belonged in another thread which got a little ugly,not my fault,which got deleted,i dont know how,i worked hard on it, ill have to speak to the admin. about it.

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Re: The ability to admit I have sinned!

Posted by ieeyc - 25 Apr 2018 16:31

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just wanted to clarify ,Hashem should guard not to get into it and if im fooling myself and i am in it, Hashem should help me get out of it,lust when it is in the word lustaholic is not good ,according to the experts here on gye but lust with the definition that i posted in a kosher married relationship is no problem ,its like alcohol,in the word alcoholic, its not good, but alcohol alone can be used for very great things. thanks growstrong for reminding me about this thread.

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Re: The ability to admit I have sinned!

Posted by ieeyc - 25 Apr 2018 18:25

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by [GYE\(See all authors\)](#)

1. **G-d willed us to have lust**, desire and inclinations, **but G-d also told us the permissible way to gratify them.**

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Re: The ability to admit I have sinned!  
Posted by ieeyc - 25 Apr 2018 18:31

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Re: The ability to admit I have sinned!  
Posted by ieeyc - 25 Apr 2018 19:33

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it says 1. but i think its really 4. ,sorry ieeyc for hijacking your thread!

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Re: The ability to admit I have sinned!  
Posted by Markz - 25 Apr 2018 19:47

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ieeyc,

Sometime ago when I opened the "Free Towing" thread and added a few posts too many, the kind moderator asked me about them and I think he removed some.

I don't have mod intuition, but please go easy if you don't want this thread removed too

np=====

Re: The ability to admit I have sinned!  
Posted by GrowStrong - 26 Apr 2018 04:59

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My understanding of lust is taking / wanting more than what God is giving me right now.

I don't need lust to be intimate with my wife. In fact if lust gets involved there is no intimacy. Its just me taking.

Regarding my first comment, i would suggest first stopping your acting out behaviors and then you can work out with yourself how much teshuva you need to do on the issue.

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