

using sex help books and taking pictures

Posted by hopfulshimon - 11 Sep 2017 17:58

i am having trouble with becoming aroused in the bedroom

two questions

is it okay to read a sex help book with my wife if it has some graphic pictures?

also is it okay to take pictures in bed during sex to help arouse my lust?

i am asking both from a halacha point a view and a potential addiction issue.

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Re: using sex help books and taking pictures

Posted by Markz - 11 Sep 2017 18:18

[hopfulshimon wrote on 11 Sep 2017 17:58:](#)

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Re: using sex help books and taking pictures

Posted by Markz - 11 Sep 2017 19:21

Brother according your 4 first posts it's clear that the bedroom isn't the problem

So if you ask a competent Rabbi your question, it would be reasonable to give him all the info and not some random detail.

I think if you speak to one of the pros here (check success story fellows in the towing page below) you'll get a better answer than a typical rabbi will give you

Hatzlacha

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Re: using sex help books and taking pictures
Posted by MayanHamisgaber - 11 Sep 2017 20:57

I do not claim to be one of the pros here and am not as of yet a success story

However my \$0.02: Does your wife know your history?

Does your therapist know the whole story and how it is affecting your performance in the bedroom?

Are you taking other steps to help yourself?

Why does pics help more than the wife in flesh and blood?

(I understand that this might have to do with trauma but these questions are meant to help you try to be honest with yourself, not that I think you aren't trying but one is never sure...)

Bottom line KOMTNW

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Re: using sex help books and taking pictures

Posted by Mesayin - 12 Sep 2017 17:05

This thread should probably be for bal habatim only.

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