

Afterthoughts from the 5th step call  
Posted by KiviYVY - 01 Mar 2011 04:13

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Steve asked me to say a few words about my 5th step call.

What I found amazing was being introduced to a brand new, life changing way of thinking. I was able to see, with the help of HKB"H and sponsor Steve, a world of resentments and fears transform before my eyes (*poof!*) to a world of beauty and joy, serenity and closeness to HKB"H. With a small, yet powerful, change of perspective interactions with others that formally caused so much pain, become spiritual experiences that bring us up close and personal with our Creator. Why would I want to flee from such a world and drown myself in lust? With enough practice, I can see how it would never occur to me.

I mention the closeness to HKB"H not out of religious conviction, but out of personal experience. With no exaggeration, together we witnessed HKB"H guide me towards a view on life that faced the pain caused by fear and resentments and transformed the experience into one of serenity, happiness, and spirituality. I now feel that I can call on HKB"H at any time and, in His infinite Power, He will guide me.

These are life tools and they are priceless. With practice, these tools can open up a world that has, for the most part, been hidden. Lest you think I'm a generally unhappy person, consider that before I approached these sheets I could hardly imagine that I even had any resentments. But when I jumped into the exercise the resentments flowed, because I've experienced pain - and who hasn't? Whatever joyful life I had thought I had before beginning the 4th and 5th steps, clearly does not compare to the kind of joy that I've now been introduced to and that I plan on applying to all the bumps ahead.

Thank you Steve for your precious patience and time, your openness and acceptance. Thank you HKB"H for joining us on this call; Your presence was so clear on the call, is so much clearer today and, with Your help, will always be for the rest of my life.

YVY

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## GYE - Guard Your Eyes

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Re: Afterthoughts from the 5th step call

Posted by Serene smile - 03 May 2011 14:03

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This and the 'tale of a 9th step call' message (posted here) are the words we all need to say and hear OFTEN. I started a header 'expecting miracles' for just these types of shares. Feel free to post there, or let's start a different one. Just so as many stories like this become the main foreground of our minds day by day. Continued blessings to us all: in family life, and all of life.

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