

internet

Posted by abie14 - 08 Sep 2010 17:40

its erev rosh hashahnah and i cant stop. i just go n the internet and search for stuff. I want to do teshuvah but its not working. Please help me. i dont want a bad year.

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Re: internet

Posted by Me3 - 08 Sep 2010 17:42

About now would be a good time to head to the mikvah, in honor of Rosh Hashana.

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Re: internet

Posted by abie14 - 08 Sep 2010 17:44

i am going to just waiting for my sister to take me there. She doesnt know about my porn addiction. I am going to the beach, much easier

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Re: internet

Posted by Shteeble - 08 Sep 2010 18:03

go to k9webfiltering.com

set up a free account.

make a password of 15 random letters.

copy the password to a file in your email.

k9 has an option where you can schedule your whole week to allow/block web access.

block out all the time from now until after yom tov.... or whenever

save.

close the web.

copy something else to take your password off the clipbaord.

see you after yom tov.

kesiva vchasima tova.

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Re: internet

Posted by Aharon - 02 Dec 2010 18:40

I am a newcomer to this site and very much am thankful that I found it and have a few questions:

1) Having gone to my first SA meeting is there any advice on who an ideal sponsor should be as it would seem like a mentor/chavrusa who has a similar situation would be ideal?

2) Are there any "must haves in terms of reading materials?

3) Is there a morning call currently going on?

Thanks so much and appreciate all the help as well as happy chanukah!

Best,

A

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Re: internet

Posted by Yosef Hatzadik - 02 Dec 2010 19:08

Sholom Aleichem Reb **Aharon!**

Welcome aboard!

Why don't you start your own thread in the [Introduce yourself](#) section? Over there you are more likely to receive a proper welcome! many of us don't have the time to read through every post in every thread, so your post over here might go unnoticed.

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