

Discussion about the second cycle

Posted by Tomim2B - 18 Oct 2009 09:23

Would anyone be bothered if the calls were recorded and archived here on GYE? Another question: Anyone up for this task?

An iPhone might have software to enable recording outgoing calls. If anyone is capable of this and just needs help finding the right tools, please get in touch with me, and I'll be glad to give a hand.

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Discussion about the second cycle

Posted by Momo - 18 Oct 2009 09:30

I object.

First, it's not fair for someone to listen without contributing. This is meant to be an active group, not passive.

Second, I'd be worried about my voice being recognized by someone outside the group.

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Discussion about the second cycle

Posted by Tomim2B - 18 Oct 2009 09:39

Well taken! The second part at least.

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Discussion about the second cycle

Posted by TrYiNg - 20 Oct 2009 06:03

Is anyone doing summaries this time?

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Discussion about the second cycle

Posted by Tomim2B - 20 Oct 2009 14:17

[TrYiNg wrote on 20 Oct 2009 06:03:](#)

Is anyone doing summaries this time?

I'm sure several of the members are taking notes. One of the requests he made yesterday was that every member keep a notebook. I think that aside from the benefit from a summary (which is very raw and only serves as a framework), is the discussion which may arise from the members sharing their notes, thoughts, ideas, and questions. The meetings are only for an hour, and there is so much to discuss, ask, and expand. Aside, out of the several people who were present yesterday, only about half of them were comfortable announcing themselves. Certainly that discomfort can stand in the way of a person asking his or her questions.

However, because the members of the group have agreed that what is discussed in the group stays in the group, as a principle, I don't know if we can create such a discussion here on GYE (though it would be nice, as it's already considered a "safe zone" for us). Duvid Chaim has prepared though, his own online discussion group where where his members can post. Surprised I was, when I realized that this group is much more involving than I thought. Seems to me that he isn't looking for listeners; he wants participators.

If you are able to join the calls, I would absolutely recommend it! From the lengthy conversation

that I had with Duvid Chaim just after the meeting, I learned so much about his care, devotion, knowledge, and for me - balance. The honesty and openness in the group is beyond (and this is just the beginning)! I have no doubt that anyone who invests himself into this, and follows Duvid Chaim's lead in working the steps into his life, will see tremendous success and ultimately earn back his freedom.

Let me add: The 12-Steps is a holistic approach in that it does not attempt to just alleviate the symptom (. Actually: once into the program, "lusting" isn't even the topic). Instead, it digs deeper, and into the underlying issues which are able to correct the person from bottom up. When a person is in a healthy "place", he doesn't feel the need to medicate himself. I'm sure you can see from your time here at GYE, that addicts, walks of all kind, can be very good people and even exemplify great character. "Why than do we falter?" a person can ask. "How can we be good people, and just a moment later fall into utter evil?". "Does that mean that we are not really good?" The answer is NO! Just that there is one flaw in that we are all missing a very valuable key - the same key! That key the 12-Steps intends to give us. When we have learned what this key is, how to attain it, and proceed on our journey to incorporate it into our lives, we will not only be free of lusting, but we will be all around better people with growth and improvement in more areas than one.

If you want to learn how to win without fighting and leave an everlasting effect, this is the place
- DC

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Discussion about the second cycle
Posted by TrYiNg - 21 Oct 2009 07:20

If you are able to join the calls, I would absolutely recommend it!

Duvid Chaim has prepared though, his own online discussion group where where his members

can post.

where?

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Discussion about the second cycle

Posted by Tomim2B - 21 Oct 2009 09:39

[TrYiNg wrote on 21 Oct 2009 07:20:](#)

I did

I'm glad for that! As I was telling another member yesterday just after the call, it looks like this is going to be our last stop. It's not easy for anyone to join a group like this (even though it's not in person), and I admire anyone who takes this step to combatting their addiction regardless if

they are contributing to the discussion, or if they are still sitting quietly in the background. Ultimately we're all going to come out of our shells and reap it's benefits big-time!

Personally, I would be more comfortable knowing who's on the call with me before I open up. I'm not going to mention names of those who announced themselves on the call. They are entitled to their privacy from those who are not yet members of the group. But a question to the rest of you guys: Who are you people sitting in the background? From what was already announced here on the forum, there's: TrYiNg, Letakain, 7Up (?), myself, and... Announce

where?

I understood from the first call that it might be a private discussion group like the kinds hosted on Yahoo. But from what it seems to me, it's no more than an email list with all his members. I'd think that for the purpose of "discussion" all emails would be shared. I don't know how that will work though. We'll have to wait and see.

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Discussion about the second cycle
Posted by TrYiNg - 22 Oct 2009 06:29

Personally, I would be more comfortable knowing who's on the call with me before I open up.

Ye, me too.

there's: TrYiNg, Letakain, 7Up (?), myself, and... Announce yourself!

7up? I didn't know

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Discussion about the second cycle

Posted by 7yipol - 22 Oct 2009 10:37

7up was on for part of it last time around. So far I havent joined this time.

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Discussion about the second cycle

Posted by habib613 - 22 Oct 2009 13:18

me, sometimes.

very very occasionally

like maybe for 10 min when i get a break at work

is that ok with you guys?

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Discussion about the second cycle

Posted by letakain - 22 Oct 2009 15:14

DUH! OF COURSE!!

i was sorta scared to announce myself cuz if any of the guys'll be scared to talk cuz of me being on, i don't want that.

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Discussion about the second cycle

Posted by letakain - 22 Oct 2009 16:23

ok, i'll announce myself but if ANYONE doesn't want me to talk PLEASE say so!

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Discussion about the second cycle
Posted by TrYiNg - 22 Oct 2009 17:59

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Discussion about the second cycle
Posted by letakain - 22 Oct 2009 18:11

what about talking or sharing or asking

not just saying "hi i'm here"

is that ok?
ye. All your credit ltakein! Thx for being so brave

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Discussion about the second cycle
Posted by Tomim2B - 22 Oct 2009 18:25

If you are worried that your speaking up, sharing, and asking, will somehow make the men feel uncomfortable, give it a shot, and ask them for their feedback. Without doing that, it's impossible to know. Obviously there is already a certain amount of discomfort that we are all on this call together - both men and women. But what can we do? It's made for us just as much as it's made for you. It was brave of you to speak up, and if you're comfortable with more, go for it!

Also, remembering that the point of this program is not to run away from ourselves, our triggers, and our discomforts, this might be a great lesson for us to be able to share this discussion together with women present. You are not the problem! You aren't the reason we feel uncomfortable!

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