

Looking for Source

Posted by the.guard - 21 Jun 2009 13:32

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Rabbi Twerski wrote me today that the chassidic works are replete with "bris halashon mechuva negged bris hamaor" and that shemiras halashon leads to shemiras habris.

Does anyone have a source for this?

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Re: Looking for Source

Posted by battleworn - 21 Jun 2009 14:31

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R' Tvi Meir says that "Bris haloshon mechuva..." is from Chazal, but I don't know where.

He also says the posuk "Al titein es picha l'hachti es bisorchoh" means exactly that, I don't know the source for that either.

He also brings from the Bnei Yisoschor that a dibur ossur is a "komoh shileima" which means that it does the same thing as Mz"l and is therefore closely connected.

This is apparently his own vort: Chazal say "Lo nechta gzar dinam elah al yidei miraglim" Both the word nechta and miraglim are both hinting at midas hayisod which is called chosem and also raglayim (as in raglichah lo batzekoh) And Chazal are telling us that all that was caused by the L"H of the meraglim.

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Guarding the tongue helps guard the Bris

Posted by the.guard - 21 Jun 2009 15:06

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Thank you Battleworn, that's beautiful!

This is what Rabbi Twerski wrote me today:

*There are many people who are desperate and say that they would do anything to be free of the compulsion. Here is something that will indeed take much effort, but if one is really ready to do anything, this can help greatly:*

*WATCH YOUR SPEECH!. Be meticulous in avoiding ALL lashon hara (defamatory talk), any untruth, and any coarse language.*

*In order to know what proper speech is and what is forbidden, avail yourself of the Chafetz Chaim's "Guard Your Tongue."*

*This may seem simple, but it really takes great effort, because we are in the habit of talking without giving much thought to what we say. To become conscious and watchful of speech is anything but simple, but if one is really interested in being free of sexual compulsions, this can be of great help.*

Twerski

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Re: Looking for Source

Posted by battleworn - 21 Jun 2009 16:23

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You can't imagine how much R' Tvi Meir stresses this point. (Mostly in the shovavim shmusen.)

I'll share with you a little from Shmos 5759.

There are three areas of Tahara that we need to work on. 1) guarding the mouth 2) guarding the

eyes and 3) guarding the bris. The Chida says this is hinted to in the posuk. Odom le'amal yulad. Amal stands for Ayin Ma'or Lashon. It says in seforim Hakidoshim that the main effort needs to be concentrated on what is more in our hands IE: the eyes and mouth and then Hashem will take care of the rest. But the y"h tries to convince us to invest our efforts on what not in our hands {so that we'll end up getting nowhere and being full of frustration}

The "mittele Rebbe" of Chabad explains the posuk "Evilim midarch pishom umei'ovonoseihem yisanu" that the way they fell and became evilim was because of "Derech Pishom" -they weren't careful with the causes [They didn't watch their eyes and mouth] But umei'ovonoseihem yisanu -instead of doing teshuva on ,and rectifying, the causes; they foolishly concentrate on the sins themselves.

This is a very very important yesod for anyone that wants to succeed in any area. Always concentrate on what's in your hands "Kol mah she'yeish bikochachoa asei..."

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Re: Looking for Source

Posted by yetzertov - 21 Jun 2009 16:44

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While this is not the source, see that the the first bracha of the shema (shachris) says "v'chulam poschim es pichem BIKEDUSHA" and then it says "UVETAHARA", this suggesting that opening the mouth in kedusha(holiness) leads to tahara (purity).

(the translation of the passage is as follows: "And all of them open their mouths in HOLINESS and PURITY")

Incidentally, perhaps "bris halashon" is not limited to lashon harah, but also to the development of an eidele speech, such as talking kindly, not using profanities, sarcasms, cut offs, not raising

the voice tone, etc.

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Re: Looking for Source

Posted by the.guard - 21 Jun 2009 17:33

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Thank you battelworn!

YosefYakov, is that your OWN vort? Gevaldik!

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Re: Looking for Source

Posted by Noorah BAmram - 21 Jun 2009 19:20

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Rabbi Twerski wrote me today that the chassidic works are replete with "bris halashon mechuvan negged bris hamaor" and that shemiras halashon leads to shemiras habris.

Does anyone have a source for this?

Guard

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Re: Looking for Source

Posted by Efshar Letaken - 21 Jun 2009 20:51

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Regarding Learning Chofetz Chaim,

Click here [dcompanion@chofetzchaimusa.org](mailto:dcompanion@chofetzchaimusa.org) for A daily lesson from the Chofetz Chaim: A Daily Companion/Mesorah Publications.

**To subscribe: e-mail us at with subject "subscribe"**

I have been getting it Daily for a few months now, it's Great!

E.L.

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Re: Looking for Source

Posted by Ykv\_schwartz - 21 Jun 2009 21:00

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Thank you N.B. and battlworn for those sources. This was driving me crazy, I have definitely seen this concept a few times in Rav Tzadok and other chassidish seforim, but could not recall where exactly. Well, at least I have a few sources.

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Re: Looking for Source

Posted by Dov - 21 Jun 2009 22:20

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Dear Reb Guard and Reb Yaakov,

Regarding another source, See the maftach in the (very nice) Yad Ramah edition of the **Shaloh h"K** for something a bit earlier than chassidish, and I recall reading this concept quite a few times in the out-of-print **Peleh Yoaitz from the Hornisteipeler** (not the older, sefardic sefer by same name). Rabbi T would be especially familiar with those kesovim, being from his elter zayde, I think. Abigezund!

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Re: Looking for Source

Posted by Kollel Guy - 09 Dec 2009 07:35

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It's very interesting.... I heard that the mechanchim say, when a kid goes off the derech, it almost always starts with dirty language earlier on.

(NOT that this is supposed to be some kind of proof, just an interesting thought)

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Re: Looking for Source

Posted by silentbattle - 10 Dec 2009 07:19

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I've heard from R' Yisroel Reisman (possibly quoting from R' Tzadok, though I'm not certain) that the face contains all the sefiros of the body - and the mouth is the "yesod" of the face.

Not sure I got all the kabbalistic terms correct, that's not my area of expertise, but that's the basic idea.

I've also heard from R' Kelemen that the mouth is called the "machshir kesher" - which fits with that idea very nicely.

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Re: Looking for Source

Posted by Noorah BAMram - 18 Feb 2010 17:09

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just wanted to add this to the connection of ?????? ?????? and our struggle.

The *Chofetz Chaim in Shmiras Haloshen* goes to great lengths to predicate safeguarding the tongue with striving for peace and running away from ??????. he dedicates a few chapters of his holy sefer extolling the virtues and great benefits of ??????. he bring the following gemara in Gitin 52a:

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???? ?? ????? ?? ????? ??? ?????? ?????? ?????? ??? ?????? ?' ?????? ?????? ?????? ??????;

we learn from this gemara that the YH is drawn to battle "?????? ??? ???" with those that are argumentative and quarrelsome. to paraphrase the *baal duver* himself he sorta "lives in their house" of the ????? ????????

to me this was a great eye opener -I definitely don't want this dude in my house.....

so i say to myself Noora keep learning those 2 *halachos in sefer Chofetz Chaim* with a we itty bitty teaspoon of *shmiras halashon* every day to to keep the "*despised one*" away ;D ;D ;D

love to all

Noorah

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Re: Looking for Source

Posted by Yosef Hatzadik - 18 Feb 2010 18:16

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Sichon melech ha'emori ve'Og melech Habashon.

Siach is a loшон of speach, Vayeitzei Yitzchok lasi'ach besodo, melech ha'emori=speaking.

'Og, Bashan' is begematria 'Ayin roeh, lev chomed'

(In yiddish Og is an eye.)

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Re: Looking for Source

Posted by imtrying25 - 18 Feb 2010 18:21

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Thanks Noorah for sharing.