

Words of Chizuk and inspiration that works for me

Posted by Noorah BAmram - 16 Jun 2009 03:25

Im starting this thread with the purpose to post *chizuk* that inspired me and insights that gave me clarity, with the hope that if it had an effect on me, maybe some of the other holy warriors will also benefit from it. I will only post something that touched me. Absolutely no lecturing ch"v nor any *Gihenom* and brimstone type of *chizuk*, that never worked for me (I'm not holding there yet!!!)

The[i] great *tzadik* [b]R Noach Weinberg ztsa"l[/b]/i] once said

"CLARITY MOTIVATES"!! .

meaning the clearer thing are in my mind, the more motivated I will be TO ACT ON THEM!

Of course feel free to post your own *vertlach* of *chizuk* that touched *your heart* !!!! maybe you

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Re: Words of Chizuk and inspiration that works for me

Posted by Pintele Yid - 22 Jun 2009 21:15

[Ykv schwartz wrote on 21 Jun 2009 19:45:](#)

Maybe they are crying from HAPPINESS. That they forged ahead anyhow.

Interesting! I never thought of that. That is so beautiful. I can definitely relate. In fact I just started crying myself (out of happiness).

Thank you!

I totally agree. They were crying because they realized that they became Tzaddikim not because they initially had a different insight into the mirage than the Reshuim, it was that they worked hard despite the mirage, and the mirage got more Dakusdik (tricky) as they worked - causing them to work even more. They are therefore crying from happiness that they toiled and kept on toiling and didn't fall for the mirage, no matter how confusing it got.

Yugato UmuTzuso Tamin.

Pintela Yid

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Re: Words of Chizuk and inspiration that works for me
Posted by Noorah BAMram - 22 Jun 2009 22:23

Hilegah tzadik pintela,

What can I say....it take one to know one.....it takes a tzadikim like all the holy warriors in GUE to

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Re: Words of Chizuk and inspiration that works for me
Posted by Efshar Letaken - 22 Jun 2009 23:12

NB,

You have my vote on this P'Shaat.

E.L.

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Re: Words of Chizuk and inspiration that works for me
Posted by Noorah BAmram - 23 Jun 2009 02:23

I just opened up to see the Reb Tzadok that the holy Guard quotes in the hand book, and what do you know. Reb Tzadok talks about the Reb Yaakov's Gomorrah (yes Reb Yaakov from here on in this BM its your gemorrah now!!(You for sure know the possuk in tehilim "u'vtoroso)

Rav Tzadok explains that there really are 2 distinct and separate YH. The tzadiks YH was really a mountain because that was the tzadiks special task from Hashem. And that's why all the holy tzadikim on this forum have this particular battle, and only through this particular overwhelming desire can we come to seek our special TRUTH. See Tzidkas Hatzadik 44

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Re: Words of Chizuk and inspiration that works for me
Posted by Ykv_schwartz - 23 Jun 2009 17:23

[Noorah BAmram wrote on 23 Jun 2009 02:23:](#)

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NB

yehge"

Yes, those shtickles from Rav Tzadok totally changed my perspective on this battle. I hope to discuss those shtickles later on in the gemara section. The idea of 2 YH is a fascinating idea and can be found in many seforim. This will be the first topic I hope to address, hopefully next week.

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Re: Words of Chizuk and inspiration that works for me
Posted by Noorah BAmram - 23 Jun 2009 18:48

Go Reb Yaakov Go!!!!!!!!!!!!!!

There has been much tumult on this site re Torah and the 12 steps, ?? ??????? ????? ?? ????? ????? ????? {which one is better and can you do both} without getting into the whole ????? but I must say that the "Torah" from Rav Tzadok has "**winched**" me many a-time from the ????? ?????!!!!!!!!!!

the Guard quotes it the Handbooks but R Tzadoks sefarim are jammed full of *chizuk*. as a matter of fact one of the sefarim (the name escapes me) is primarily to show that we can do *tshuva* on the "???" like any transgression of a positive commandment.

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Re: Words of Chizuk and inspiration that works for me
Posted by Ykv_schwartz - 23 Jun 2009 19:26

While you have the tzidkas hatzadik out, take a look at at #49 and #181. It is so refreshing. He discusses the famous idea of the Gra from Sefer Yonah (No, he does quote the Gra) that that the neshama has one major mitzvah to fix in his return to the world. This is the one major aveira that he messed up last time. I am sure you know it. If not, I will remind you of it. But either way, take a look at Rav tzaddok, he also discusses it.

Maybe one day I will translate all the relavent rav tzaddok's that pertain to us. This will give all of us great chizzuk.

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Re: Words of Chizuk and inspiration that works for me
Posted by Noorah BAmram - 23 Jun 2009 19:42

this morning I met a pre-war *Talmid Chochom*, an elderly Tzadik whom i said to "please give me some chizuk?" he replied "u want chizuk? say a hundred *brachos* everyday".

this is how this YID explained it to me - if every time a Jew says the words

???? ??? ? Blessed are You Hashem

and pays attention to what he is saying - You Hashem are *THE* source of absolutely *everything*, from the coffee i'm about to drink to the pastrami on club I'm about to bite into :D :D(not at the same time) :D :D :D

its coming from You Hashem, directly to little me with the greatest of LOVE!!!!

??????? our Hashem

????? ????? **MY HASHEM**

I have to ask myself "what does this mean to me personally?"

even the angels ?????? ???????? cant say ???????? only the immortal Jew has the great awesome zchiya to say this one hundred times a day at least.

(a little milseh d'bdecheesah to be
mesamaich for the olam!!)

so when the Jew, I, repeat to myself over and over and over these awesome messages that are contained in the brachos, (even according to my little understanding of them), how powerful and awesome of a message am i telling myself? !!!

this is how we can understand the POWER and the secret of the segulah of ??? ?????? ??? ??? a hundred daily blessings>

(more if you are a ?????? ??? and also a pastrami Jew

and now to relate to *our battle* and to tie this in as a tool to fight the addiction _ the ??? ?????? ??? ??? [hundred daily blessings} gives us a greater awareness and connection to Hashem that we can, with more realism speak to Him and give over "our addiction to Him". but without any "real" connection to Hashem its mere lip service our giving up to Hashem the battle.

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Thanks EL for being an additional ?????? to this powerful *segula* in the name of ????"? ? ?????? ?????? ??????

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Re: Words of Chizuk and inspiration that works for me
Posted by Efshar Letaken - 23 Jun 2009 20:06

Thanks NB for bringing it up again,

I cant tell you how much Reb Yakov Mier Schechter stressed how powerful it is B'Rochnius & B'Gashmius.

One of the reasons why it works so well is that we make brachos all day so if we only add some kavono to it (and its not easy to remember not to be on auto pilot all day) we are automatically connected to Hashem & all his Gadlus & if we are connected to are source than how can we go wrong.

Reb Y.M. Gave me a sefer he wrote on the 100 Brochos called "Hamivoreich Misboreich"

E.L.

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Re: Words of Chizuk and inspiration that works for me
Posted by Efshar Letaken - 23 Jun 2009 20:23

Since this Tread is dedicated to "Inspiration" an amazing story I read a while back just came back to me.

This guy was on a flight back home from a trip. The weather was very stormy and the flight was full of Turbulence it got very scary many times throughout the flight for him as an adult.

But he realized in the isle next to him a 4 year old sitting there very calmly not a bit afraid. so he asks him how come he is so relaxed, aren't you afraid? he asks the boy.

The 4 year old Boy says with a smile on his face **NO! NOT AT ALL!**

Hows that? asks the Guy.

The boy turns to him and says **"THE PILOT IS MY FATHER! I KNOW HE WILL GET ME HOME SAFE!"**

Raboisai! The Pilot Of This World Hashem Is Are Father! There's No Need To Worry About The Turbulence We All Have On Are Flight Call Life! He Will Get Us Home Safe!

We just have to have Emuna & Bitachon that he is are father that wants the best for us and then we can be happy even when we have hard times!

Let Go & Let G-d

E.L.

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Re: Words of Chizuk and inspiration that works for me
Posted by battleworn - 23 Jun 2009 20:46

R' Tzadok's sefarim are full of nuclear bombs against the y'h.

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Re: Words of Chizuk and inspiration that works for me
Posted by the.guard - 23 Jun 2009 20:55

Reb Yakov, we'd all be much obliged if you get a chance to translate the most inspirational peices of Chizuk from Rav tzadok!

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Re: Words of Chizuk and inspiration that works for me
Posted by Noorah BAMram - 23 Jun 2009 21:17

Regarding the seforim of Reb Tzadok;

I once read somewhere that the *Chidushei Harim* writes that he didn't look in the *seforim* of many *rebbe*s because they were written for their generation only, EXCEPT the *seforim* of Reb Tzadok because he is a *rebbe* for all the generations. I have to find it again

I will try and get RYMS sefer

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Re: Words of Chizuk and inspiration that works for me
Posted by Noorah BAMram - 23 Jun 2009 21:27

Maybe one day I will translate all the relavent rav tzaddok's that pertain to us. This will give all of us great chizzuk.

EL- Powerful inspiring story, very well written

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