

Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 18 Feb 2010 20:05

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The following are a hodgepodge of Torah'dig thoughts that Hashem planted in my head.

Comments, Cashiyos, & constructive criticism calmly collected by PM. I locked this thread to replies so that it should be easy reading for those that are interested in my Torah. You shouldn't have to search for the Torah between all the other stuff.

(Public comments to me can be made in my thread in the Introduce Yourself section entitled [\*\*Tov veyoshor Hashem al kein yoreh chata'im baderech!\*\*](#))

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 03 Nov 2010 22:15

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**Parshas Toldos:**

*Vayhi ra'av b'aretz... Vayeira eilav Hashem.* (26:1,2)

After Yitzchok lost his source of parnassa, there was a famine in the place where he lived, he merited his first *nevuah*!!

When things **look** bleak - they begin to shine the brightest!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 08 Nov 2010 23:34

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**Parshas Toldos:**

Rivkah thought that she is carrying  
a single baby

[The Maagid, HaRav Sholom Shwadron Ztz wrote:](#)

Rivkah passed a Bais Medrash & felt the baby wanting to go to shul. "Gevaldig, a ben torah!"

She passed the gym & the baby wants to go. Uh oh! What's going on?

If he only wants to go to a mokom Torah, he is a *chareidi* - Perfect!

If he only wants to go to the gym, hi is *chiloni* - he can still become a baal teshuva.

But if he wants both..... what is he? A *Mizrachi*!!!

That Rivkah doesn't want!!!!

We Addicts, we feel attracted to Torah & Tefilla. We feel good when we are engrossed in spirituality.

But we also feel pulled to the filth!

We feel pulled in two opposite directions. This makes us feel even worse!

Rivkah saw her baby going through this emotional torment & she felt bad. Prior to her becoming pregnant, the baby's was resting peacefully under the *Kisei hakovod* without any inclination to sin whatsoever. Now, because she desired to have children the baby is being given a Yetzer Horah & will have to endure this emotional torment!

'*Im kein godol tzar ha'ibur*', doesn't have to be translated 'The pregnancy is so painful', we can also read it: 'So great is the pain of the fetus' [i]lbbur [/i]can be a verb or a noun.]

"If my baby is undergoing so much pain, *lamah zeh anochi* - why was I so selfish? Why did I bring him to this state just because I wanted to bear children?"

So she wanted to, at least, give the child the tools how to overcome his addiction. How to deal with the Yetzer Horah which he will now possess.

*Vateilech lidrosh ess Hashem*. she went to a place where they 'search for God!' By searching for spirituality a person can learn how to cope with opposing urges & attractions!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 09 Nov 2010 00:41

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**Parshas Vayeitzei:**

*Vayesfu kol ha'adarim v'galelu ess ha'even me'al pi habe'eir.*

Every one of us walks around with 'wellsprings' in our hearts.

Problem!

There is a huge rock on top!

We cannot remove it by ourselves.

We **must** enlist the help of others.

Together!

When we are out of the isolation, when we gather together we can move it.

We can finally drink of the sweet waters that was **deep inside us the entire time!!!!**

The individuals who can singlehandedly remove the stone are few & far between.

Only someone in the caliber of Yaakov Avinu can accomplish that feat!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 11 Nov 2010 22:50

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**Parshas Vayeitzei:**

[ZemirosShabbos wrote on 07 Nov 2010 05:35:](#)

In Parshas Vayeitzei, after Yosef is born, Yakov says he wants to leave Lavan's house, Rashi comments, *achar shenolad sitno shel esav*, after the destroyer of Esav was born, meaning Yosef, now Yakov can leave. As the pasuk says, *vehaya bais yakov eish ubais yosef lehava* that yosef is the flame of Yakov's fire.

The candle can be burning silently in our hearts, but it is insufficient to combat Eisav's *shtussim*/straw!

We **must** have a moving/jumping/sparking flame, we must be constantly *active* in order to win the fight!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 16 Nov 2010 00:07

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**Parshas Vayeitzei:**

*V'einei Leah rakos*

The way to acquire *soft* eyes is to cry & pray a lot to Hashem!!!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 16 Nov 2010 02:48

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**Parshas Vayeitzei:**

*Shuv el eretz avoisecha* (31:3)

"And there I will be with you, while you are attached to the tumah it is impossible for my Shechinah to rest upon you." (Rashi)

We can be 'white-knuckling' it, but as long as we are still attached to the tumah we **cannot** connect to Hashem!!!

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Re: Yosef Hatzadik's Ha'oros  
Posted by Yosef Hatzadik - 16 Nov 2010 02:50

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**Parshas Vayishlach:**

[Yosef Hatzadik wrote on 15 Apr 2010 17:18:](#)

After fighting with Yaakov Avinu all night, why did **Eisav's Malach** have to go that morning to sing Shira before Hashem. From all days, this had to be the one? The answer is a resounding YES!!! The malach was created so that he should LOSE a fight. Eisav ALWAYS succumbed to his Yetzer Horah. The malach had a daily disappointment with Eisav. Now, for the very first time since his creation, the Malach was bested. He lost a fight. He fulfilled his goal! He is now ready to return to Hashem. He can now proudly proclaim: MISSION ACCOMPLISHED!

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Re: Yosef Hatzadik's Ha'oros  
Posted by Yosef Hatzadik - 18 Nov 2010 23:12

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**Parshas Vayishlach:**

**A Story of Addiction**

By: Shechem

*Vayar ossah* - Shechem didn't guard his eyes, he saw her,

*Vayikach ossah* - he took her, [just a little bit...]

*Vayishkav ossah* - normally, (?)

*Vaya'anehah* - abnormally,

*Vatidbak nafsho* - he became attached = **addicted**,

*Vayehav ess hana'arah* - he convinced himself that it is just *regular* love,

*Vaydaber al lev hana'arah* - he tried to seduce her.

He asked his father to take her for him as a wife. [As if all is in proper order]

Father said: My son Shechem **wants** your daughter.

WHAT HAPPENED WITH *Vatidbak nafsho*?? **DENIAL!!!**

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 23 Nov 2010 18:37

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**Parshas Vayeishev:**

*V'hu naar ess Bnei Bilaah.*

He did *maaseh naaros*, he was *mesalsel b'saaro* & *memashmesh b'ainav*.

He spent a lot of time with the Sons of Bilaah. (Rashi)

The Talmud Yerushalmi states that when the Yetzer Horah sees someone is *mesalsel b'saaro* & *memashmesh b'ainav* he proclaims "He is mine. He is firmly entrenched in my camp!"

Yosef Hatzadik knew that the only way that he can resist getting caught in the Yetzer Horah's grip is by not being in **isolation**. It is only by being connected with others, by spending a lot of time with the Bnei Bilaa, he can remain Yosef Hatzadik.

We too, members of The holy GuardYourEyes Kehilla, even more than the individual techniques listed in the GYE Handbook & those taught in the 12 Step Groups, we can gain by 'connecting' with the chevra here on this forum. I instead of going to \_\_\_\_\_ & 'connecting with *them*', we can come here and connect with the Tree of Life! We become part of a growing people!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 24 Nov 2010 22:53

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**Parshas Vayeishev:**

*Vayafshitu ess Yosef ess kitanto ess kisonas hapasim asher alav. Vayikachuhu vayashlichu osso haborah* (37:23-24)

*Vayazov bigdo b'yada vayanah* (39:12)

Yosef lost his clothes twice = once by his brothers when they threw him into the pit & once when he ran away from Mrs. Potifar

A nisayon = a time when the person's innermost essence is exposed. That is when we/Hashem can see where the person is REALLY holding. Clothes cover the wearer, they are symbolic of the coverings that a person is hidden by.

Yosef had two styles of nisyonos: *Nisayon ha'oni*, His brothers abandoning him in a pit in the desert & his master's wife trying to raise him high. (We can imagine what he would've gotten for it from her....

He withstood both of them!!!!

He was shown in his uncovered essence!!!

His 'coverings' were removed!!

Also:

The first was a nisayon if he is afraid of death = **b'chol nafshecha!!**

In the second he gave up on a high position. He went from being Chief Executive Officer in the entire Potifar Estate to being incarcerated with the other imperial convicts due to his refusal to succumb to her seductions. = **b'chol me'odecha!!**

*V'od:*

The word "nisayon" can be derived from the word "nes". *Vayasimu osso al nes* - a flagpole - a high position.

The possuk states "*Vayaazov ess bigdo beyadah* - **VAYANOS!!** = & he became **RAISED HIGH!!!**

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Re: Yosef Hatzadik's Ha'oros  
Posted by Yosef Hatzadik - 30 Nov 2010 23:07

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**Parshas Mikeitz:**

*Vatirena Ba'achu* (41:2)

Am I seeing well?

Hiding within these words I think I can make out the words *Ayin* & *Achva*.

"And they set their **Eyes** as part of the **Brotherhood**"

The GYE Brotherhood perhaps?

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 30 Nov 2010 23:13

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**Parshas Mikeitz:**

[quote=" Zemiros Shabbos challenging Yosef Hatzadik]How about trying to find an Ha'oro in the possuk [i]K'chu mizimras ha'aretz[/i] [sub](43:11)[/sub]?[/quote]

[i]V'hashem ha'ir einai![/i]

Even when you feel 'down' - rockbottom, find something to [i][b]sing [b]about!!!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 30 Nov 2010 23:17

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**Chanuka:**

The Kohanim knew that they didn't have enough oil to light the Menorah continuously until new oil can be procured. They did what was in their power to do **today** anyhow.

Progress, not Perfection!

*Ah Yid darf **tahn**, nisht **oiftahn**!*

We gotta do our part; the end result is up to Hashem!

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Re: Yosef Hatzadik's Ha'oros

Posted by Yosef Hatzadik - 02 Dec 2010 18:08

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**Chanukah:**

*Mitzvas ner chanukah hu ner ish u'beiso; v'hamehadrin ner l'chol echod v'echod; v'hamehadrin min hamehadrin mosef v'holech.*

There different Shi-tas around this holy GYE Kehilla.

Some say that they have to be clean & enlightend for the sake of their wives & families - *Ner ish u'beiso.*

Others are content with just being clean for today. One day, each day shines on its own! - *Ner l'chol echod v'echod.*

The *Mehadrin min hamehadrin* are *Mosef* - they accumulating longer & longer clean streaks!  
*V'holech* - they **Keep on Trucking!**

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