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How to have protection from ayin hara? Posted by Aaronhopeful@gye.com - 18 Jan 2018 02:34

If you want the evil eye to have no power against you and your descendants, then make your eyes do not want to enjoy what's not yours, as Yosef Avinu's eyes that didn't want to enjoy what was not his (potiphar's wife who tried unsuccessfully to seduce him), that's why the evil eye has no power against him nor his descendants.

- The Gemara, Berachos 20a

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Re: How to have protection from ayin hara? Posted by Markz - 18 Jan 2018 03:29

Aaronhopeful@gve.com wrote on 18 Jan 2018 02:34:

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- The Gemara, Berachos 20a

How do you do that?

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Re: How to have protection from ayin hara? Posted by Aaronhopeful@gye.com - 18 Jan 2018 03:59

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GYE - Guard Your Eyes

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- The Gemara, Berachos 20aHow do you do that?Guard your eyes from looking at women others from your wife. Which can be achieved through Torah, the help of HaShem, and of course the 12 steps and GYE.

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