Generated: 13 August, 2025, 16:18
Looking for a Teshuva on Shichvat Zera Levatala Posted by shemirathabris - 02 Jan 2017 04:05
Hi all,
I was recently informed about a teshuva about shichvat zera levatla, (which I've definitely heard in passing/out of context before) a person had asked a shaila about what to do if he just couldn't stop shichvat zera levatala, couldn't control himself at all and the teshuva was that at the very least start by refraining from shichvat zera levatala just on shabbos. It was slightly controversial because at the surface it might seem like an implicit accepting of the aveirah at other times, but the gadlus of this teshuva is that it recognizes that a person can't just stop a bad habit cold turkey and must take small steps towards improving in this (and many) areas.
Does anyone know where I might be able to find this teshuva? I was told it's possibly by the chacham tzvi or chassam sofer - does anyone happen to know? Can anyone cite the teshuva for me if you have it? Would be much appreciated!
It just so happens that I'm learning with someone who isn't so frum and he wants to learn the Chacham Tzvi because he is apparently related to him, so it would be cool if this was a teshuva of the Chacham Tzvi because I would totally learn it with the guy since I think it is very powerful.
Thank you very much!
Re: Looking for a Teshuva on Shichvat Zera Levatala Posted by YeshivaGuy - 12 Jul 2021 18:20
Interesting, I've never heard of this before
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Re: Looking for a Teshuva on Shichvat Zera Levatala Posted by Markz - 12 Jul 2021 18:33

GYE - Guard Your Eyes

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@Markz, I don't think he meant "teshuva" as repentance, rather as a shu"t, shaila uteshuva.
At least that's what I thought.
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Re: Looking for a Teshuva on Shichvat Zera Levatala Posted by wilnevergiveup - 12 Jul 2021 19:26
Okay, I just realized that this thread was dug up from a million years ago. I guess that's why there was no response. Either way, I'd say "stick to the program" and things will fall into place. Don't get hung up with gimmicks.
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Re: Looking for a Teshuva on Shichvat Zera Levatala Posted by Rt234 - 13 Jul 2021 04:34
The best tikon is Torah even when it's very hard.
u can look at what the the stiepler writes in regards to learning Torah
I think that most people that make it out of this r the people that seriously put Torah as theyr main focus in life.
(If for whatever reason you don't put Torah and avodas hahashem as you're main focus in life like it should be still never give up there's still may be some hope who knows there's never a point in giving up).
Its a big part of this fight.
It weakens the yetzer horah and it's a very good teshuva and tikon.
The harder the better!!
All the best!!
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Posted by gma316 - 16 May 2022 23:37

Re: Looking for a Teshuva on Shichvat Zera Levatala Posted by sleepy - 14 Jul 2021 05:02 shemirathabris wrote on 02 Jan 2017 04:05: Hi all, I was recently informed about a teshuva about shichvat zera levatla, (which I've definitely heard in passing/out of context before) a person had asked a shaila about what to do if he just couldn't stop shichvat zera levatala, couldn't control himself at all -- and the teshuva was that at the very least start by refraining from shichvat zera levatala just on shabbos. It was slightly controversial because at the surface it might seem like an implicit accepting of the aveirah at other times, but the gadlus of this teshuva is that it recognizes that a person can't just stop a bad habit cold turkey and must take small steps towards improving in this (and many) areas. Does anyone know where I might be able to find this teshuva? I was told it's possibly by the chacham tzvi or chassam sofer - does anyone happen to know? Can anyone cite the teshuva for me if you have it? Would be much appreciated! It just so happens that I'm learning with someone who isn't so frum and he wants to learn the Chacham Tzvi because he is apparently related to him, so it would be cool if this was a teshuva of the Chacham Tzvi because I would totally learn it with the guy since I think it is very powerful. Thank you very much! one of the things that inspired me to stay clean on Shabbos is what i saw in "Meam Loez" that when one is motzi zera levatala, he is "oiver" on the melacha of Hotza"ah(carrying) on Shabbos,) hatzlacha! Re: Looking for a Teshuva on Shichvat Zera Levatala

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