GYE - Guard Your Eyes

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A Fresh Start Posted by Lost In Search - 30 Jan 2022 09:34
Hello
I have been struggling ever since I started adolescence with porn and masturbation and phone sex.
I am now married and the struggle still continues.
I never told my wife about my struggle and she is in the dark.
I want to start SA but do to personal reasons I can not figure out a way to leave the house and attend a meeting without my wife catching on to it.
I am working on it and hopefully will be able to attend in person shortly.
For the time being the struggle is hard and at times feel out of control.
I am holding on for dear life to anything I can hold on to.
I don't want to sink.
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Re: A Fresh Start Posted by Marked - 17 Jul 2022 22:31

Hi I have also been struggling heavily and decided to start the gye f2f program please lmk if you would like to go through it together.

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