**GYE - Guard Your Eyes** Generated: 2 July, 2025, 01:06

#4 Daily Chizuk Posted by mekubal - 08 Mar 2010 18:09
So there are essentially three clear cut options to me:
1.) to have a designated time to read it
i.e. always read the handbook or chizuk at 2:00 pm each day.
2.) to have a designated requirement to read it by a certain time.
i.e. If I don't read it before I start work then I will do it then.
3.) to have a designated indicator when to read it.
i.e. I will do it first thing the first time I need to open up a web page.
Its important not just to realize the need to have daily chizuk, but to explicitly plan how to acquire it.
These are some thoughts I had, working through the handbook.
mekubal.
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