GYE - Guard Your Eyes

Generated: 12 July, 2025, 16:34

SURVIVING SUNDAY :(Posted by bardichev - 27 Feb 2011 05:52

Sunday is usually the hardest day for me

I am opening this thread

Let's just keep it for

Ideas

Anecdotes

Rants

Chizzuk

About surving sunday

Re: SURVIVING SUNDAY :(Posted by geshertzarmeod - 27 Feb 2011 08:16

What makes sunday so difficult for you?

lack of neshoma yeseira?

back to stress?

boredom?

I think if you pinpoint where the problem is coming from you will have more success attacking it or avoiding the problematic scenarios.

just a thought from a rookie :D

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Re: SURVIVING SUNDAY :(Posted by oblum - 27 Feb 2011 14:22

"Aim puga b'cho menuval zeh, mashchayhu L'Beis Hamedrash". Perhaps a chavrusa can make your day more fulfilling?

Re: SURVIVING SUNDAY :(Posted by Dov - 27 Feb 2011 16:46

Stop spending your sunday on the internet!

OK then, since we have now discovered that your basic problem is **having** *internet access* and that there is nothing seriously 'off' *inside* you at all, because you are a frummeh yid!! - and *all* yidd'n would be just fine...if not for the accursed internet ym"sh....

Phew, what a relief! Quick, call my friend David/Rage, I need a moist shmateh!

So.

Please join me in singing this little song, to your favorite Rosh Chodesh modzitzer version of "*Hoidi laShem ki toiv - ki l'Oilum Chazzdoi*!" :

The above post has inspired me like never before. Thanks so much.... :

Even those of us who are compulsively fantasizing and eyeing pretty shiksas at the supermarket - *their real problem is "the internet"*;

Even those of us who are listening to and talking dirty talk on the telephones - *their real problem is* "*the internet*";

Even those of us who can't shower twice in a row without 'servicing themselves' - *their real problem is "the internet"*;

Even those of us in kollel and visiting 'working women' at their lunch breaks - *their real* problem is "**the internet**";

Even those of us who don't daven mincha with a hat [!] - their real problem is "the internet";

(It really helps you enjoy this better if you start it off with three rounds of Woodford and have a little chaser between stanzas. Just some advice cuz I love you!) (BTW, Reb b, how do you say "chaser" in mammehloshon?)

Even those of us whose Tikkun Klali 'wears off' by nightfall and find we are back searching for porn nuchamol - *their real problem is* "*the internet*";

Even those of us who don't understand this song, at all - *their real problem is "the internet"* (Nee, it's metamtem halev - of *course* you can't understand my holy words if you look on the internet!)

....oh, I gotta go back to work. But at least now it all makes sense! I do not need to change a thing about myself or recovery, work any silly goyishe "steps" or anything! All I need to do is FEAR THE (he-who-shall-not-be-named) INTERNET (ym"sh!). As long as I have a good, strong, filter, who needs G-d? Aless est en ordnung! **Now** I can "trust in" Hashem! After all, *He* (yisborach) doesn't use *the internet*, either! Hooray!

Reb b....is there any hope for me, at all? ha'otzaltoh li brochah achas?

Hoping the "o" guy has a good sense of humor. Good heavens! If not, then he might chas v'Sholom go on the internet! BTW, exactly what does "o" stand for?

Forgive me, Tatty.....

:-*

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Re: SURVIVING SUNDAY :(Posted by pinokio - 27 Feb 2011 17:09

Dov.....oy....im getting heatburn again....but i agree! its such a funny paradoxical situation isnt it-the forum is like fighting fire with fire, but.....IT WORKS!!!

Re: SURVIVING SUNDAY :(Posted by bardichev - 27 Feb 2011 18:39

Reb b....is there any hope for me, at all? ha'otzaltoh li brochah achas?

Hoping the "o" guy has a good sense of humor. Good heavens! If not, then he might chas v'Sholom go on the internet! BTW, exactly what does "o" stand for?

Forgive me, Tatty.....

you better start wearing a hat by mincha

if u wanna marry yur kids off

being an addikt

big ddeal

ubber dee tatteh fin dee maydill davinmt oon a hitt

stamm a goy

b

Re: SURVIVING SUNDAY :(Posted by Me3 - 27 Feb 2011 19:27

Dov!

Keep that up and people are going to start confusing you with a different particularly nasty poster (Although, since it appears to have gone over some heads you may be safe).

Reb B' (first of all when did your caps lock become unstuck?) if you are already davening mincha with a hat, I wouldn't worry about a little sunday shmutz.

Truth is solution for Sunday's is no different then any other day, you just need to work at it harder. Being extra careful going online when there is nobody else around isn't a bad idea.

But keep in mind there's a Higher Power out there ready to carry you through the day, if you just ask.

Re: SURVIVING SUNDAY :(Posted by bardichev - 27 Feb 2011 20:13

nuu put on your hat

Re: SURVIVING SUNDAY :(Posted by Kedusha - 27 Feb 2011 20:58

:D ;D

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Re: SURVIVING SUNDAY :(Posted by Dov - 27 Feb 2011 21:03

Funny, y'all. Hey, "Me3", I just edited the "Hoidee" post to make it a bit more clear for the hard-

of-whatevering.

Gevalt. And all this because Reb b decides he has some kind of meshigeneh problem with Sundays!

Nu, but what else are friends for?

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Re: SURVIVING SUNDAY :(Posted by bardichev - 27 Feb 2011 21:24

I'm gonna go daven mincha

Where is my hat?

Hey all the addicts I know . Wear hats

В

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Re: SURVIVING SUNDAY :(Posted by Dov - 27 Feb 2011 21:59

Most of the addicts / hang around with aren't even Jewish! And *they* wear hats, *too*! Waaaahhh!!!!!!!!!

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Re: SURVIVING SUNDAY :(Posted by bardichev - 27 Feb 2011 22:13

Do any have purple beards?

Re: SURVIVING SUNDAY :(Posted by Dov - 27 Feb 2011 22:28

Only two, sorry.

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Re: SURVIVING SUNDAY :(Posted by bardichev - 27 Feb 2011 22:43

Ok checkmate

BTW

I survived Sunday

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