Sick and tired of being Sick and Tired! Posted by DovInIsrael - 14 Feb 2011 22:03 If you are sick and tired of being Sick and Tired.. Then come and join us.. Tomorrow: Tues Feb 15, 2:30 Eastern The 12th Step - reaching out to others is where one can experience explosive growth on the road to sobriety. But more often than not, we shy away from it - not sure how to go about being a sponsor, and helping someone else! So instead we revert to our world of isolation... Want to know how to change this... and learn to help yourself, by learning how to help others? Come join us, this week, Tues. -Call In: 1-760-569-6000 access code: 121318# Isn't it time you took a step back, and put your life in perspective? Dov.ii

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a completely different way to look at the 12-steps! if you want a copy of the story/guide we will be using, email me: <a href="mailto:dovinisrael@gmail.com">dovinisrael@gmail.com</a>