3 days ago it was my 40th day without masturbation and porns. I got a kind of fever, cough, sore mouth and throat and I was generally feeling not so good. At night just saying the Shem? before sleeping I started remembering a sexual abuse I had completely removed and I received from a person extraneous to my family. My whole body became rigid and my endocrine system was clearly overreacting, but I was ok because the memory was surrounded by a kind of green protective vapor.

The following day I realized that the sexual fantasies which have tormented me for more that 20 years were sensibly diminished and I realized they were just repetition of that memory!

Had I known before that healing from such a pain would have be so easy I wouldn't have waited until 33 for joining this website!

I can't describe my feeling of freedom from an awful interior condition! I hope I will go on healing!

To those who are struggling as me: Chazak Chazak venit-chazek!!! It's definitely worth fighting the battle!!!

Chaim1977

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Re: An incredible healing!!!

## **GYE - Guard Your Eyes**

Generated: 3 August, 2025, 13:15 Posted by Jooboy - 10 Feb 2011 17:33 Beautiful! I love stories with happy endings (middles?). I have heard from many addicts that they have suffered sexual abuse in the past. Hopefully God will send you much more healing. Re: An incredible healing!!! Posted by ZemirosShabbos - 10 Feb 2011 17:55 gevaldig! keep on working and seeing the miracles ====