

Should I Date?

Posted by life is too short - 02 Feb 2011 19:30

Here's the scenario- I am 20 years old (not too old) and I have been struggling with this addiction for close to 7 years. Recently a shadchan set me up on a date, and it went very nicely for a couple of weeks and then we broke it off. During those couple of weeks of dating, I noticed that I was clean the entire time. This is after struggling with the addiction up until my dating period (never being clean for more than 50 days at a time). A few days after (ie: yesterday), I got another call from a shadchan. I told her I would get back to her. Now my question is, I don't think it's a good idea for me to go out, because I have yet to prove to myself that I am in control of this addiction. Maybe I should first try to have a long streak of being clean before going out. Or maybe, now that I see that while I am dating it is easier to be clean, I should date. However, marriage isn't a hospital! What should I do? (Remember I am only 20 years old) Thank you

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Re: Should I Date?

Posted by Jooboy - 10 Feb 2011 02:28

Dov,

I like that description. For a long time I thought I was #1 till it seems as if one day I woke up and realized I was #2 in a big way.

The real kicker for me was when I realized that I was looking at porn even when it wasn't arousing me and even when I wasn't acting out with it. I would finally get off the computer and ask myself "So I'm not aroused, I didn't use it to act out it, I jeopardized my family, job and reputation to do something that when I finished made me feel worse than when I started, so..... ***why the hell did I just do this?***"

That is when I finally started to get roused from my denial and blindness.

Still took me getting caught by my wife.

More thoughts that I could stop it and control it.

More pitiful and incomprehensible demoralization.

Then I finally came to understand that I would NEVER be able to stop on my own.

Only THEN was I finally able to come to SA and with much Hakoras Hatov the fellowship, the steps and God have been working miracles for me.

So everyone out there - hope, help and healing does exist. Keep striving for it.

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