GYE - Guard Your Eyes

Generated: 1 July, 2025, 10:10

HELP	-SOS
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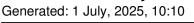
[quore]FRIENDS:

Posted by pinokio - 27 Jan 2011 17:35

Shabbos is coming. This holy day unfortunately always throws me into depression. don't have time now to explain why, but point is its starting to set in my little brain right now.

I need support from any hands on deck at GYE. Im working on the inyun and am not gonna fix it overnight, but i just need a little friendship to keep me till motzai shabbos. Not embarrassed to say, and Im anyways gonna decide now that i wont let my feelings get out of control, hashems with me, and everything will be alright. ill be besimcha as best as i can. this isnt gonna be some amazing profound 100page thread, its just right now i need a little, yeah, you know already.

amazing protound roopage thread, its just right now r need a little, year, you know already.		
Ive gotta log off but will check later.		
Help.		
======================================		
Re: HELP-SOS Posted by Dov - 05 Apr 2011 15:53		
tzaddik90/Special Weapons And Tactics wrote on 05 Apr 2011 15:30:		
you know the type of military guy who is too nervous and always carries a machette with him when he goes to buy milk? i'm one of those. so i know it is a salute, but you know what im saying. I even have a bad habbit of carrying my knife, that i put away last friday. its out of habbit, really.		
Yes, some still carry their rubber-duckies everywhere they go, too.		
Squeak, squeak!		



"what you wrote about sharing the gory details on GYE versus SA is very true.

at SA people will gain from hearing you being honest and from rebounding from low levels

on GYE people who never entered that zone might get ideas or a twisted 'permission' (if he did it, so can i)

of course there are probably more people on GYE who have more serious issues than P'M, but unless they are up front about it then there is precious little to do about it."

thank you, mrs. wormwood.

you hit the spot.

[/quote] Dear Calvin,

Many I meet here start to talk like it's a big chiddush that they really have a looking-at-schmutz problem. Then after we get to know eachother and it comes time, they sdmit they are doing far worse - or if not, they at least admit the sick types of schmutz they are using - or at least they admit all the horrible lies they have told to their jobs, wives, and friends to hide what they are doing.

Nu. I still believe that the majority of guys on GYE - especially among those just looking at it - really just have a rather "mild" porn and masturbation problem. But while we real sickos need to maintain decorum and discretion, we must also have a way to be totally honest and certainly to quit covering up. For if we do not, it will kill us. Really.

We need to daven for seichel, seichel...

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Re: HELP-SOS Posted by Me3 - 05 Apr 2011 16:11
I'm not sure if there is such a major difference between the guys with the porn and mast addictions and the guys who have acted out live other then the guys who stay in front of the computer have less guts.
======================================
Re: HELP-SOS Posted by pinokio - 05 Apr 2011 17:00
me3,
oy me3
you remind me of area 51-, many ppl think the stuff is too dangerous for all to see, but it's really there at the same time,
thanks (i know u may not understand that gibberish unless under the influence of gin and cofee out t'was a compliment)
======================================
Re: HELP-SOS Posted by ben durdayah - 05 Apr 2011 18:13
Look Tzaddiko, OK Avi if you insist
can handle all of those concepts that you mentioned (which I am surprised that Kedusha didn' outcher for cleanliness). That's okay, I can still look at you as a decent human being
But Gin? You drink Gin? That's it, you are definitely [i][size=6pt][color=red]

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Re: HELP-SOS Posted by pinokio - 06 Apr 2011 09:01
YES
out only if his heinyness has a serious interest, and writes to me first, and reciprocates likes he used to
ahhh, those were the days,,,,what happened to them?
oall's in your court honey
====
Re: HELP-SOS Posted by pinokio - 06 Apr 2011 09:07
and i am still unforgiving about the:
ugh
ngu
ghu
uhg
guh
nug
that you didnt give me in the street, i am NOT easily pacified about these things
pall's in ur court sweetsiepoo
======================================

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Re: HELP-SOS Posted by ben durdayah - 06 Apr 2011 10:48
Could you <i>please</i> knock off the name calling and just call me threecepio (3-CPO) like you used to back in the day?
=======================================
Re: HELP-SOS Posted by pinokio - 06 Apr 2011 12:02
3cpi-o,
ts good to hear you again
iross oscha kimikabeil pnei hashchina
panecha kilivana, katnus, gadlus,
yehoshua kilivana, malchus,
from Malchus we get back up to keser
et's rock the rest of this week up with some mad simcha and chizzuk like the old times!!!
zem?
pards?
ets get this party going
youre all invited

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Re: HELP-SOS Posted by the.guard - 06 Apr 2011 12:23
tzaddik90/Special Weapons And Tactics wrote on 03 Apr 2011 09:01:
God, do you have gchats with people? i had some questionsEliyahu doesnt come to brissim no more, he does skype
www.aish.com/h/pes/mm/Passover_Google_Exodus.html ====================================
Re: HELP-SOS Posted by Blind Beggar - 06 Apr 2011 12:48
Anyone on the Forum who can access You-Tube, please raise your hand.
www.aish.com/h/pes/mm/Passover Google Exodus.html#jwplayer
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Re: HELP-SOS Posted by ZemirosShabbos - 06 Apr 2011 14:35
i heard my name being called, i am not a cohen or a levi, just barely a yisrael so either maftir or shishi please

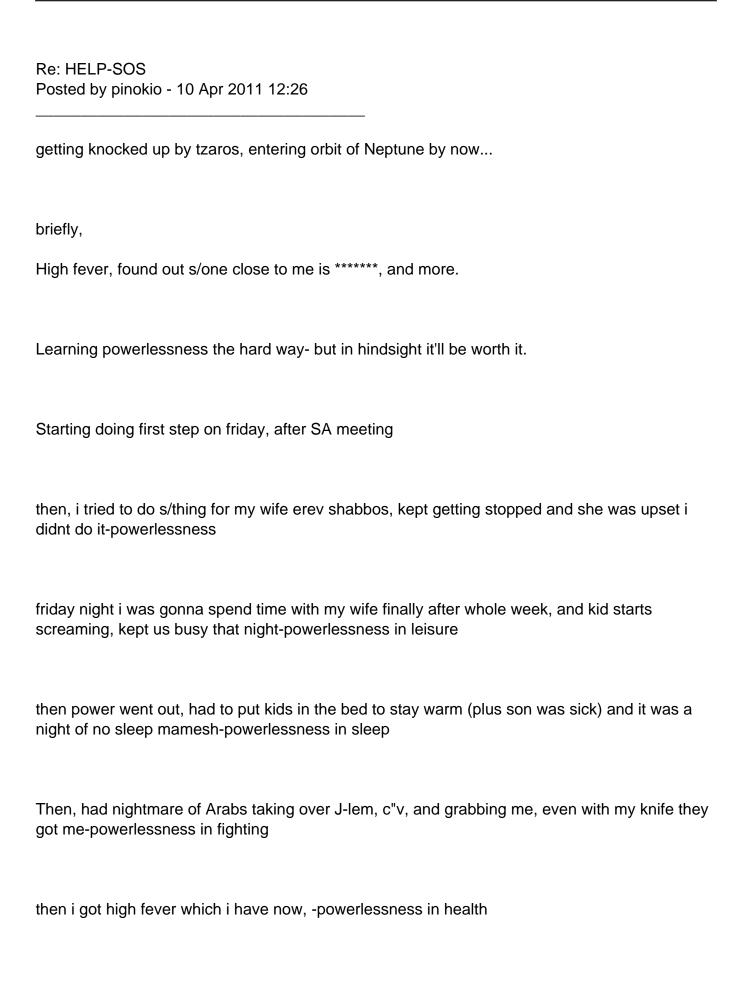
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mad simcha and chizuk = Calvin and Hobbes at the Kosel or Nanach's at Pizza Uri?

(Tzadik, next time you change your screen name i think 'mad simcha and chizuk' sounds nice, especially for the yellow-bellied American's who spend their days on the couch in their undershirts drinking beer and watching TV scrapbooking and don't go for the gun-running and revolutionary spirit) ______ Re: HELP-SOS Posted by pinokio - 08 Apr 2011 07:31 much to say, must go in twon minutes to meeting god jabbed me in the ribs many times this week with high level tzarros, family related i didnt post it i'll tell you why, in too short words my whole life ive been dependent on others for chizuk i know everyone needs chizuk, but i also need to learn that whenever something happens, i CAN be independent

i dont NEED to impulsively out of fear post and ask s/one for help

im a big boy, i gotta grow up, life is not easy sometimes ,and i gotta be independent
i do have fears right now, but i gotta such em in and work on it
maybe will share them later for all of us to gain, please remind me if i forget
just have a good shabbos
just keep growing
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Re: HELP-SOS Posted by ZemirosShabbos - 08 Apr 2011 15:16
sorry to hear about the tough stuff
good to see your name on GYE
wishing you the strength you need and believing that you have it
keep on rocking
i don't know if being independent is quite all it's made out to be
everybody needs a shoulder, an ear and a Budweiser kind word
have a great shabbos!
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God, i think i got it now. Thanks! I haven't slept in two nights, wife upset
i am sober as a cosmonaut, but getting pretty banged up here
in all the above situations i handled it terribly, and it drove me nuts
I AM powerless
I am.
Y P (famous addiction therapist) explained me the serenity prayer, that the ONLY think i can change is how i view things, not anything else, not nec. myself, and not whats around me
this itself is what got over 2 million sober in AA fellowships in 180 countries
what do i say now?
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